Name________________________________________  I.D. #________________________  H.S. deficiencies:  Math ____  Foreign Language ___

### General Studies Requirements
(General Studies must total at least 58 s.h.)

#### FIRST-YEAR CORE:

- **GST 110** - Global Experience (4 s.h.)
- **ENG 110** - College Writing (4 s.h.) (C- or better required for graduation)
- **MTH 112 or 121 or 212** (4 s.h.)
- HED 111 – Contemp. Wellness Issues (2 s.h.)

#### Experiential Learning Requirement (ELR): (One Unit)

May be met by any one of the following: internship, practicum, co-op, study abroad, student teaching or an approved field-based course. Also may be met by service, leadership, or individualized learning experience.

#### Foreign Language Requirement:

Students must meet one of the following: placing beyond FL 122 on the CAPE placement test, completing a 122-level language course, completing a semester or summer in a university-approved program in a non-English speaking country with language study at the 122-level or above, scoring 4 or 5 on an Advanced Placement language exam or similar exam.

#### STUDIES IN THE ARTS AND SCIENCES:

[Transfer students with at least 18 s.h. of transfer credit must complete 32 hours total in Studies in the Arts & Sciences, but may have as few as 7 hours in one or more of the four Studies in the Arts & Sciences areas.]

- **Expression** _*DAN 115 (2)_: (8 s.h.)
  - Eight hours chosen from at least two of the following: literature (in English or foreign languages), philosophy, & fine arts (art, art history, dance, fine arts, music, music theatre, and theatre). At least one course must be literature.

- **Civilization**: (8 s.h.)
  - Eight hours chosen from at least two of the following: history, foreign languages, and religion. Students taking foreign language courses to meet Elon’s proficiency requirement may only apply 4 s.h. of that coursework toward Civilization.

- **Society**: (8 s.h.)
  - Eight hours chosen from at least two of the following: economics, geography, political science, psychology, & sociology/anthropology.

- **Science** _*BIO 161_ Lab:___ _*BIO 162_ (8 s.h.)
  - Eight hours chosen from one or more of the following: mathematics, science, and computer science (must have CSC department designation). One course must be a physical or biological laboratory science.

#### ADVANCED STUDIES (Must be outside major.)

(8 s.h.)

[Eight hours of 300-400 level courses outside the major field chosen from departments and areas listed under Studies in the Arts and Sciences.]

- **GST Interdisciplinary Seminar**: (4 s.h.)
  - [300-400 level GST course; requires junior/senior status.]

**Required in major; may count in General Studies.**

### Major Requirements

A minimum of 58 s.h. in the following courses is required.

- ___ *DAN 115 (2) - Folk, Square and Social Dance Pedagogy*
- ___ PEH 125 (2) - Skills & Activities for Teaching
- ___ PEH 211 (4) - History/Foundations of Physical Education Health and Sport
- ___ PEH 310** (4) - Motor Learning Theory for Teaching/Coaching
- ___ PEH 321** (4) - Biomechanics
- ___ PEH 324** (4) – Nutrition
- ___ PEH 325 (4) - Substance Abuse and Human Behavior
- ___ PEH 360** (4) - Physical Ed. Pedagogy (K-5)
- ___ PEH 362** (2) – Healthful Living in the Elementary School
- ___ PEH 410 (4) - Administration & Management
- ___ PEH 411** (2) - Measurement and Evaluation
- ___ PEH 421** (4) – Chronic and Acute Diseases
- ___ PEH 423 (4) – Physical Ed. Pedagogy (6-12)
- ___ PEH 427** (2) – Health Ed. Pedagogy (6-12) should take concurrently w/ PEH 423
- ___ ESS 422** (4) - Physiology of Exercise
- ___ * BIO 161 (4) - Human Anatomy
- ___ *BIO 162 (4) - Human Physiology

Students must show proof of valid First Aid/CPR certification anytime prior to graduation.

___ Major Total (s.h.)

**Prerequisite required.**