### General Studies Requirements (58-62 sh)

**FIRST-YEAR CORE:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits (s.h.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>GST 110 - Global Experience</td>
<td>4</td>
</tr>
<tr>
<td>ENG 110 - College Writing</td>
<td>4</td>
</tr>
<tr>
<td>MTH 112 or 121 or 212</td>
<td>4</td>
</tr>
<tr>
<td>HED 111 – Contemporary Wellness</td>
<td>2</td>
</tr>
</tbody>
</table>

**Experiential Learning Requirement (ELR):** (One Unit)

May be met by any one of the following: internship, practicum, co-op, study abroad, student teaching, approved field-based course or documented service, leadership, or individualized learning experience.

**Foreign Language Requirement:**

Students must meet one of the following: (a) complete a language course numbered 122 or higher at Elon, or receive transfer or study abroad credit for the same; (b) place into a language course numbered 200 or above upon arriving at Elon, using a department of foreign languages approved placement instrument; (c) score a 4 or 5 on an AP language exam or similar exam. Each student must take the language placement test by October 1 of his or her first full year at Elon. Students are allowed two tries; the higher score is counted. That score stands and may not be repeated by later testing.

**STUDIES IN THE ARTS AND SCIENCES:**

[Transfer students with at least 18 s.h. of transfer credit must complete 32 hours total in Studies in the Arts & Sciences, but may have as few as 7 hours in one or more of the four Studies in the Arts & Sciences areas.]

**Expression** *DAN 115 (2) (8 s.h.)

[Eight hours chosen from at least two of the following: literature (in English or foreign languages), philosophy, & fine arts (art, art history, dance, fine arts, music, music theatre, and theatre). At least one course must be literature.]

**Civilization** ___________________________________________ (8 s.h.)

[Eight hours chosen from at least two of the following: history, foreign languages, and religious studies.]

**Society** ___________________________________________ (8 s.h.)

[Eight hours chosen from at least two of the following: economics, geography, human services - HSS 111 only, political science, psychology, & sociology/anthropology.]

**Science** *BIO 161 Lab; (__) *BIO 162 (8 s.h.)

[Eight hours chosen from one or more of the following: mathematics, science, and computer science (CSC designation). One course must be a physical or biological laboratory science.]

**ADVANCED STUDIES** (Must be outside major.)

_________________________________________ (8 s.h.)

[Eight hours of 300-400 level coursework outside the major field and chosen from areas under Studies in the Arts and Sciences.]

**GST Interdisciplinary Seminar** ___________________________________________ (4 s.h.)

[300-400 level GST course; requires junior/senior status.]

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### Major Requirements

A minimum of 55 s.h. in the following courses is required.

- *DAN 115 (2) - Folk, Square and Social Dance Pedagogy
- PED 109 (1) – Aerobic Conditioning & Weight Training
- PEH 125 (2) - Skills & Activities for Teaching
- PED 126 (2) – Skills & Activities for Teaching Team Sports
- PEH 211 (2) - Foundations of Physical Education & Health
- PEH 305 (4) – Legal Aspects & Adapted Physical Educ.
- PEH 310 (4) -Motor Learning Theory for Teaching/Coaching
- PEH 324 (4) – Nutrition
- PEH 325 (4) - Subsistence Abuse and Human Behavior
- PEH 360 (4) - Physical Ed. Pedagogy (K-5)
- PEH 411 (2) - Measurement and Evaluation
- PEH 423 (4) – Physical Ed. Pedagogy (6-12)
- PEH 427 (2) – Health Ed. Pedagogy (6-12)

*(to be taken concurrently w/ PEH 423)*

- ESS 321 (4) - Biomechanics
- ESS 422 (4) - Physiology of Exercise
- *BIO 161 (4) - Human Anatomy
- *BIO 162 (4) - Human Physiology

Students must show proof of valid First Aid/CPR certification anytime prior to graduation.

**Major Total (s.h.)**

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*Required in major; may count in General Studies.*