### General Studies Requirements (58-62 sh)

**FIRST-YEAR CORE:**
- GST 110 - Global Experience (4 s.h.)
- ENG 110 - College Writing (4 s.h.)
  (C- or better required for graduation)
- MTH 112 or 121 or 212 (4 s.h.) *ST 212
- HED 111 – Contemporary Wellness (2 s.h.)

**Experiential Learning Requirement (ELR):** (One Unit)
May be met by any one of the following: internships, practicum, co-op, study abroad, student teaching, approved field-based course or documented service, leadership, or individualized learning experience.

**Foreign Language Requirement:**
Students must meet one of the following: (a) complete a language course numbered 122 or higher at Elon, or receive transfer or study abroad credit for the same; (b) place into a language course numbered 200 or above upon arriving at Elon, using a department of foreign languages approved placement instrument; (c) score a 4 or 5 on an AP language exam or similar exam. Each student must take the language placement test by October 1 of his or her first full year at Elon. Students are allowed two tries; the higher score is counted. That score stands and may not be repeated by later testing.

**STUDIES IN THE ARTS AND SCIENCES:**
[Transfer students with at least 18 s.h. of transfer credit must complete 32 hours total in Studies in the Arts & Sciences, but may have as few as 7 hours in one or more of the four Studies in the Arts & Sciences areas.]

**Expression** (8 s.h.)
-Eight hours chosen from at least two of the following:
- literature (in English or foreign languages), philosophy, & fine arts (art, art history, dance, fine arts, music, music theatre, & theatre).
- At least one course must be literature.

**Civilization** (8 s.h.)
-Eight hours chosen from at least two of the following:
- history, foreign languages, and religious studies.

**Society** *(Lab: _____)* (8 s.h.)
-Eight hours chosen from at least two of the following: economics, geography, human services - HSS 111 only, political science, psychology, & sociology/anthropology.

**Science**(Lab: _____) *(8 s.h.)*
-Eight hours chosen from one or more of the following:
- mathematics, science, and computer science *(CSC designation).* One course must be a physical or biological laboratory science.

**ADVANCED STUDIES** (Must be outside major.)

[Eight hours of 300-400 level coursework outside the major field and chosen from areas under Studies in the Arts and Sciences.]

**GST Interdisciplinary Seminar** (4 s.h.)
- [300-400 level GST course; requires junior/senior status.]

*Required in major; may count in General Studies.

### Public Health Studies Major Requirements
A minimum of 48 s.h. in the following courses is required.

**Core Courses (28 sh):**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHS 201</td>
<td>4</td>
</tr>
<tr>
<td>STS 212</td>
<td>4</td>
</tr>
<tr>
<td>PHS 202</td>
<td>4</td>
</tr>
<tr>
<td>PHS 301</td>
<td>4</td>
</tr>
<tr>
<td>PHS 302</td>
<td>4</td>
</tr>
<tr>
<td>PHS 381</td>
<td>4</td>
</tr>
<tr>
<td>PHS 461</td>
<td>4</td>
</tr>
</tbody>
</table>

Choose one focal area:

- **Socio-Cultural Context of Health and Illness - 16 sh from:**
  - ANT 324 (4) – Culture and Sex
  - ANT 325 (4) – Culture, Health & Illness
  - ESS 333 (4) – Exercise Psychology
  - GEO 250/ENS 250 (4) – Intro to GIS
  - GEO 360 (4) – Advanced GIS
  - GEO 346 (4) – Natural Disasters
  - HSS 213 (4) – Working w/ Groups & Communities
  - HSS 311 (4) – Policy & Social Inequality
  - HSS 350 (4) – Global Violence Against Women
  - HSS 351 (4) – International Human Services
  - HSS 411 (4) – Designing & Assessing Programs
  - PSY 356 (4) – Health Psychology
  - PUB 231 (4) – Public Administration
  - PUB 335 (4) – Ethics in the Public Sector
  - PUB 431 (4) – Policy Analysis & Program Eval.

- **Biological Aspects of Health and Illness**
  - BIO 112/114 (4) – Intro. to Population Biology & lab
  - BIO 162 (4) – Human Physiology with lab

Choose 12 sh from:

- BIO 111/113 (4) – Intro to Cell Biology & lab
- BIO 161 (4) – Human Anatomy with lab
- BIO 245/246 (4) – Principles of Genetics with lab
- ENS 111/113 (4) – Intro to Environmental Science
- ENS 220 (4) – Organic Garden. & Sustain. Food Pr.
- ESS 322 (4) – Epidemiology of Physical Activity
- ESS 422 (4) – Physiology of Exercise

(Major requirements continued on next page ... )
(… Public Health Studies major, continued from page 1.)

(Biological Aspects of Health & Illness, continued)

_____ ESS 424 (4) – Applied Exercise Physiology
_____ CHM 305 (4) – Environmental Chemistry w/ lab
_____ BIO 371 (4) – Toxicology
_____ BIO 372 (4) – Biostatistics
_____ BIO 379 (4) – Biochemical Bases of Disease

Electives (4sh)
Choose one course from either the focal area you have not selected or the following list:

_____ ECO 317 (4) – Gender and Development
_____ ECO 361 (4) – Health Economics
_____ ECO 440 (4) – Urban Economics and Planning
_____ COM 331 (4) – Environmental Communications
_____ GST 308 (4) – Health Care Strategies in the 21st Cen
_____ GST 325 (4) – Substance Abuse & Human Behavior
_____ GST 346 (4) – Childbirth
_____ GST 376 (4) – Global Health Disparities
_____ GST 406 (4) – Perspectives on Women’s Health
_____ GST study abroad course with PHS focus
_____ PEH 324 (4) – Nutrition
_____ PHL 330 (4) – Economic Justice

(Other courses approved by the coordinator)

_____ Major Total (s.h.)

Note: PHS 499 (undergraduate research) or discipline specific 499 with public health focus might count under focal area or as a PHS elective depending upon the nature of the research.