2012-13 CHECKLIST FOR GRADUATION REQUIREMENTS IN PHYSICAL EDUCATION and HEALTH - BACHELOR OF SCIENCE Minimum of 132 s.h. required for graduation (36 s.h. must be 300/400-level courses)  
(Additional hours to total 132 s.h. -- includes second major, minor, and elective hours.)

Name_________________________________________________________ I.D. #________________________

**General Studies Requirements (58-62 sh)**

**FIRST-YEAR CORE:**

GST 110 - Global Experience (4 s.h.)______________

ENG 110 - Writing: Argument & Inquiry (4 s.h.)______________  
(C- or better required for graduation)

MTH 112 or 121 or 212 (4 s.h.)______________

HED 111 – Contemporary Wellness (2 s.h.)______________

**Experiential Learning Requirement (ELR):** (One Unit)

May be met by any one of the following: internship, practicum, co-op, study abroad, student teaching, approved field-based course or documented service, leadership, or individualized learning experience.

**Foreign Language Requirement:**

Students must meet one of the following: (a) complete a language course numbered 122 or higher at Elon, or receive transfer or study abroad credit for the same; (b) place into a language course numbered 200 or above upon arriving at Elon, using a department of foreign languages approved placement instrument; (c) score a 4 or 5 on an AP language exam or similar exam. Each student must take the language placement test by October 1 of his or her first full year at Elon. Students are allowed two tries; the higher score is counted. That score stands and may not be repeated by later testing.

**STUDIES IN THE ARTS AND SCIENCES:**

[Transfer students with at least 18 s.h. of transfer credit must complete 32 hours total in Studies in the Arts & Sciences, but may have as few as 7 hours in one or more of the four Studies in the Arts & Sciences areas.]

**Expression** *DAN 115 (2)______________ (8 s.h.)________

[Eight hours chosen from at least two of the following: literature (in English or foreign languages), philosophy, & fine arts (art, art history, dance, fine arts, music, music theatre, and theatre). At least one course must be literature.]

**Civilization**__________ (8 s.h.)________

[Eight hours chosen from at least two of the following: history, foreign languages, and religious studies.]

**Society**__________ (8 s.h.)________

[Eight hours chosen from at least two of the following: economics, geography, human service studies, political science, psychology, & sociology/anthropology.]

**Science** *BIO 263__Lab:___ *BIO 264__ (8 s.h.)________

[Eight hours chosen from one or more of the following: mathematics, science, and computer science (CSC designation). One course must be a physical or biological laboratory science.]

**ADVANCED STUDIES** (Must be outside major.)

(8 s.h.)________

[GST Interdisciplinary Seminar ___________ (4 s.h.)________

[300-400 level GST course; requires junior/senior status.]

*Required in major; may count in General Studies.

**Major Requirements**

A minimum of 55 s.h. in the following courses is required.

_____*DAN 115 (2) - Folk, Square and Social Dance Pedagogy

_____PED 109 (1) – Aerobic Conditioning & Weight Training

_____PEH 125 (2) - Skills & Activities for Teaching

_____PED 126 (2) – Skills & Activities for Teaching Team Sports

_____PEH 211 (2) - Foundations of Physical Education & Health

_____PEH 305 (4) – Legal Aspects & Adapted Physical Educ.

_____PEH 310 (4) -Motor Learning Theory for Teaching/Coaching

_____PEH 324 (4) – Nutrition

_____PEH 325 (4) - Substance Abuse and Human Behavior

_____PEH 360 (4) - Physical Ed. Pedagogy (K-5)

_____PEH 411 (2) – Measurement and Evaluation

_____PEH 423 (4) – Physical Ed. Pedagogy (6-12)

_____PEH 427 (2) – Health Ed. Pedagogy (6-12)

(to be taken concurrently w/ PEH 423)

_____ESS 321 (4) - Biomechanics

_____ESS 422 (4) - Physiology of Exercise

_____*BIO 263 (4) - Human Anatomy

_____*BIO 264 (4) - Human Physiology

Students must show proof of valid First Aid/CPR certification anytime prior to graduation.

_____Major Total (s.h.)