PHYSICAL EDUCATION AND HEALTH
Requires the following courses:

- PEH 211 Foundations of Physical Education & Health 2 sh
- PEH 310 Motor Learning Theory for Teaching & Coaching 4 sh
- PEH 325 Substance Abuse and Human Behavior 4 sh

Eight semester hours of 300/400 level courses from PEH major requirements 8 sh

TOTAL 18 sh