EXERCISE SCIENCE
Requires the following:

ESS 101 Introduction to Exercise Science 4 sh

Choose one from: 4 sh
   BIO 263 Human Anatomy
   BIO 264 Human Physiology

Choose one from: 4 sh
   ESS 321 Biomechanics
   ESS 324 Physiology of Exercise

Choose eight hours from the following: 8 sh
   ESS 263 Neuromotor Control
   ESS and/or ESS courses 300-level and above

TOTAL 20 sh