

# The Impact of High School Leadership on Subsequent Educational Attainment\*

Kathryn Rouse, Ph.D., Elon University  
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\*Direct correspondence to Kathryn Rouse, Department of Economics, Elon University, Elon, NC 27244 ([krouse@elon.edu](mailto:krouse@elon.edu)). Earlier versions of this paper were presented at the Eastern Economics Association and Midwest Economics Association Annual Meetings. I would like to thank Tom Mroz, David Blau, Donna Gilleskie, David Guilkey, and Helen Tauchen for their helpful comments and suggestions. All errors are my own. This study uses restricted-use data provided by the NCES.

## **Abstract**

*Objectives:* Universities increasingly emphasize the importance of leadership skills, but budget shortfalls in public high schools threaten the availability of leadership opportunities for many youths. Few studies, however, have examined the impact of high school leadership experience on key economic outcomes. This study narrows this gap by estimating the causal impact of leadership in high school on educational attainment measured several years later. *Methods:* The paper uses data from the National Education Longitudinal Study. To address selection bias, the effect of high school leadership is estimated using ordinary least squares, propensity score matching and instrumental variables models. *Results:* Every estimation method and model specification examined implies that high school leadership has a large, positive impact on post-secondary educational attainment. *Conclusions:* This paper indicates the impact of high school leadership is, at a minimum, non-trivial. This result implies decisions regarding financial cutbacks for extracurricular activities should not be taken lightly.

## Introduction

Several studies have established a positive correlation between participation in athletic and other extracurricular activities and outcomes such as academic achievement [Lipscomb (2006), Leeds, Miller, and Strull. (2007)] and future wages [Ewing (1995); Barron, Ewing and Waddell (2000); Eide and Ronan (2001); Stevenson (2006); Ewing (2007)]. Universities have recently started placing a greater emphasis on leadership skill both in their selection process and in their curricula; suggesting students not simply join every club, but also demonstrate commitment by undertaking a leadership role [Tomsho (2009), Stone (2010)]. The limited scholarly research on leadership supports this assertion. Kuhn and Weinberger (2005) find leadership skill is associated with higher earnings, while Lozano (2008) provides the first piece of evidence suggesting some of this earnings premium may come through increased educational attainment. The drawback of the current literature is that the analyses rely primarily on regression analysis, making causal inferences difficult. Establishing a causal link is particularly important given the fact that widespread budget shortfalls in public high schools now threaten the availability of leadership opportunities for many youths. Some school systems have gone as far as eliminating these activities all together [Staples (2009), Popke (2009)]. Other districts have implemented “pay-to-play” programs where, in order to participate, students must pay a fee, typically ranging from \$75 to \$100 per activity [Brady and Glier (2004), Brown (2002), Fahey (2007), Stern (2010)]. Such policies have led to heated debates with little evidence to support either side.

This paper contributes to the literature using data from the National Education Longitudinal Study of 1988 (NELS) to estimate the causal impact of high school leadership on educational attainment measured eight years later. This paper improves upon prior literature by using two additional estimation approaches to explicitly control for the potential bias that arises due to the non-random selection of students into leadership positions. A baseline model is first estimated

parametrically by ordinary least squares (OLS). Then, the linearity assumption is relaxed and the model is estimated via a propensity score matching (PSM) approach. Finally, instrumental variables (IV) estimation is used to address directly the endogeneity of high school leadership that arises when there is selection on characteristics that are not observed (by the econometrician).

Every estimation method and model specification examined implies that high school leadership has a large, positive impact on post-secondary educational attainment. The most conservative estimates suggest that students who are leaders in high school complete 0.35 more years of education than their non-leader peers. In addition, high school leadership is predicted to increase the probability of attending a post-secondary institution by at least five percent and to increase the probability of holding a college degree by 9.5 percent. Leadership is also predicted to increase the likelihood of attending a four-year school (versus two-year school) first. Similar to many empirical studies on the return to schooling, instrumental variables estimates are larger than the corresponding OLS and PSM estimates. Taken as a whole, the evidence in this paper indicates that the impact of high school leadership is, at a minimum, non-trivial and suggests that the effect may be much larger for some students.

### **Conceptual Framework and Previous Research**

High school leadership may help develop a student's leadership skill and increase his stock of noncognitive human capital, and may therefore be placed within the conceptual framework of Gary Becker's (1964) theory of human capital. The model hypothesizes that the role of education is as an investment in an individual's human capital stock, or his productive skills. The costs to the student include his forgone wage as well as any tuition or other pecuniary costs associated with his education. The "return" on this investment comes in the form of higher wages once the individual enters the labor market. Likewise, the experiences provided by a high school leadership position may help to increase an individual's leadership skill. Since this skill is sought out by academic

institutions and is considered a productive asset, taking on a leadership position in high school may be viewed as investment in psychological or noncognitive human capital, which will lead the student to not only attend college, but may also make it more likely that the student will graduate if this skill translates into more college success. The student's costs of high school leadership include the cost of time in terms of his forgone leisure, study time and/or high school employment, any pecuniary costs (e.g. participation fees), as well as the psychological costs (such as speaking in front of other students) associated with undertaking such a position. Alternatively, since leadership positions require a time commitment, students may substitute leadership time for study time. Thus, even if leadership skill is increasing, if this benefit comes at the expense of diminished academic skills, high school leadership may not have any impact or could even lead to decreased educational attainment.

Given the role that high school leadership activities play in the college admissions process, leadership may also be placed in the framework of Michael Spence's (1973) signaling model. In this model, education is thought to serve as a signal to employers of an individual's innate intelligence. Similarly, high school leadership serves as a signal of one's leadership ability to university admission committees. Individuals with innately higher leadership ability and a desire to go to college may take on leadership positions in order to separate themselves from their non-leader peers in the college admissions process. It is therefore more likely that high school leaders will attend college and attain a higher level of education than their non-leader peers.

To date, there has been little research on the specific impacts of high school leadership experience. Several studies have, however, examined the economic effects of high school extracurricular *participation*. Using the National Longitudinal Study of Youth 1979 (NLSY), Ewing (1995) finds that high school athletic participation increases the wages of black males by 8 to 11 percent. Barron, et al. (2000) formalize the possible connection between athletics and human capital, arguing that participation in high school athletics may increase traits such as self-discipline,

motivation and competition, which are subsequently rewarded in the labor market in the form of higher wages. The authors test their model using data from the NLSY and the National Longitudinal Study of 1972 (NLS-72) to examine the effects of high school athletic participation on education and labor market outcomes of males. They find some evidence of a positive impact of high school athletic participation on the wages and educational attainment of males; however the effects are small when instrumental variables are used.

Using the HS&B and instrumenting athletic participation with height, Eide and Ronan (2001) find high school athletic participation has a negative effect on the wages of white males and a positive effect on the wages of black males and females. However, IV estimates are not significant. More recently, Stevenson (2006) uses state variation in the athletic participation of males along with Title IX legislation to instrument for female athletic participation. Results imply female high school athletic participation leads to higher educational attainment, increased labor force participation and increased participation of females in traditionally male-dominated careers.

Prior research also suggests that participation in sports and other activities (e.g. student government, service clubs, academic clubs, etc.) does not come at the expense of academic achievement as the time constraint theory may suggest. Using a student fixed-effects approach, Lipscomb (2006) finds that participation in either clubs or sports is associated with an increase in students' high school math and science test scores as well as their Bachelor's degree expectations. Leeds (2003) develops a formal model that suggests athletic success has led to black men overinvesting in athletics and underinvesting in academics. This model is adapted and tested in Leeds et al. (2007). The authors find no evidence that athletics has a negative impact on black men and some evidence that involvement in athletics has a positive impact on academics of white men.

In contrast to participation that may increase and signal a wide range of non-cognitive skills, holding a leadership position specifically fosters and signals the skill of leadership - a skill that is

widely valued and specifically sought after by universities and employers [Tomsho (2009), Stone (2010), Kuhn and Weinberger (2005)]. The impact of leadership on future outcomes may therefore be more direct than simple participation. Evidence provided by Kuhn and Weinberger (2005) and Lozano (2008) suggest that this is the case. Using data from Project TALENT, the NLS-72 and the sophomore cohort of HS&B, Kuhn and Weinberger (2005) find white men who held leadership positions in high school earn 4% to 33% more than their non-leader counterparts. Using data from the NELS, Lozano (2008) assesses whether differences in high school leadership activities can explain observed Hispanic educational gaps. After controlling for demographic and school variables, Lozano finds no significant difference in leadership propensities between Hispanics and non-Hispanics. Estimates suggest high school leadership is associated with an increase college attendance of all demographic groups (by roughly 7%). Leadership is predicted to have an even higher impact on the probability of attending a four-year school (31 to 40%). Results also imply leadership is associated with a 28 and 32 percent increase in college graduation probabilities of non-Hispanic and English speaking Hispanic high school leaders, respectively. The primary drawback of these studies is that the reported estimates come from OLS or probit models that do not account for self-selection into leadership positions, making it difficult to draw causal conclusions.

The current paper adds to this literature using two additional estimation approaches to explicitly control for the potential bias arising from the non-random selection of students into leadership positions. The findings imply that high school leadership does, in fact, have a positive impact on future educational attainment. These results corroborate past research, indicating the positive effects reported by prior researchers are likely not simply due to spurious correlation or non-random selection. If anything, the results in this paper suggest past estimates may actually understate the causal impact of high school leadership experience.

## **Empirical Approach and Data**

Selection into high school leadership positions is not random. Students self-select into a high school leadership position or are elected into a role based on their characteristics, which may or may not be directly observed in the data. Students from low-income households, for instance, may be less likely to hold a leadership position because they are not able to afford the fees required to participate (and subsequently lead) in an extracurricular activity. Similarly, highly motivated students may choose to be a leader and to pursue additional education to a larger extent than their less motivated peers. This selection problem is addressed by first exploiting the richness of the NELS dataset to control for selection on observable characteristics. A baseline model is estimated via OLS for the continuous outcome and via a probit model for the discrete outcomes:

$$Y_i = \alpha L_i + \beta' X_i + \varepsilon_i , \quad (1)$$

where  $Y_i$  is total years of education,  $L_i$  is a dummy indicator for high school leadership,  $X_i$  is a vector of observed covariates that includes all measurable variables (individual and school characteristics) thought to either affect leadership or education and  $\varepsilon_i$  is the error term. Then, the impact is estimated non-parametrically using PSM. PSM has been widely applied by scholars in the program evaluation literature [Heckman, Ichimura and Todd (1997, 1998), Dehijia and Wahba (1999, 2002), Smith and Todd (2005), Diaz and Handa (2006)]. The basic methodology consists of matching student leaders with a non-leader based on his and their estimated propensity scores,  $p_{score}_i = p(L_i) = probability(L_i = 1 | X_i)$ , and then comparing the education outcomes of students who have the same leadership propensity. It is arguably an improvement over OLS, because it is not constrained by the assumption that leadership or any of the covariates are linearly related to the outcome. Further, unlike OLS, it explicitly avoids extrapolation into areas of the causal effect distribution that are not on the common support. PSM is implemented by first calculating a leadership propensity score for each student from a probit regression of the leadership



dummy variable on the vector  $X_i$ . Next, student leaders are matched to the non-leader with the most similar propensity score (the 1-to-1 nearest neighbor estimator with replacement<sup>1</sup>). The impact of high school leadership on the leaders (the average treatment effect on the treated, ATT) is then recovered by taking the mean of the leader/non-leader education differences across the entire set of  $N$  matched pairs:

$$ATT = \frac{1}{N_T} \sum_{i \in T} [Y_i - Y_{j(i)}] \quad (2)$$

where  $N_T$  represents the number of student leaders,  $Y_i$  is the educational outcome for a student leader, and  $Y_{j(i)}$  is the educational outcome of the matched non-leader  $j$  for student  $i$ .<sup>2</sup>

The assumption underlying both OLS and PSM is that the variables included in a vector of observed variables ( $X_i$ ) are sufficient to eliminate any relationship between the leadership variable ( $L_i$ ) and unobserved characteristics or shocks impacting the education outcome ( $\varepsilon_i$ ). If this assumption is violated, the OLS and PSM estimates will be biased. *A priori*, the direction of the selection bias is ambiguous. Following arguments drawn from the education literature, one would think that a factor such as unobserved student ability would be positively correlated with both leadership and educational attainment, leading to upward biased OLS and PSM estimates. High school leadership, however, is different from education in the following way. Leadership involves tasks such as managing other students and speaking in front of other people. Such experiences are likely to be more costly for students who are less social or are bookworms. These students may not undertake leadership positions, but may still acquire more education if their time is better spent at home, in the library, or at their computer. Additionally, if unobserved student time and effort must be divided among investment in leadership activities and investment in study time, the more academically inclined students may invest more time in academics and less in leadership activities.

In either of these cases, the estimated impact of leadership with OLS or PSM will be understated. Measurement error in the leadership variable will also bias the OLS and PSM estimates toward zero.

IV estimation is used to control for selection on unobserved characteristics under the assumption that there is a set of variables ( $Z_i$ ) that are related to  $L_i$  but are uncorrelated with  $\varepsilon_i$ . The NELS dataset includes several students from each high school (21, on average). This attribute allows for the construction of a school-level measure of leadership opportunities to be used as an instrument for the individual's leadership choice.<sup>3</sup> This variable is constructed by taking the number of leaders, excluding the student, divided by all of the individuals in a student's school. Since school enrollment is included in all models, this measure should capture differences in leadership opportunities that are not simply reflective of differences in school size. For additional identification, dummy indicators of whether the student is the oldest child in his family (and has a younger sibling) and whether or not he is a twin as well as the interaction of these variables are included in the first stage equation. The use of the oldest child indicator follows from the observation that a first born child is more likely to be a leader than an otherwise identical student who is a second or third born who is used to following the actions of his elder siblings and is more content serving in a "follower" role. The use of a twin indicator follows from research drawn from the sociology field that suggests students with siblings are more likely to participate in sports [Wold and Anderson (1992)]. Since being a twin is exogenous to the student and provides him with a playmate of the same age, being a twin may be particularly strong predictor of participation and, subsequently, leadership. Descriptive statistics of these instruments (Table 1) suggest that each of these variables does, in fact, differ by leadership status in the expected direction. Controls for school characteristics, family income and family socioeconomic status are included in all of the model specifications to help mitigate the concerns over the exclusion restrictions. The plausibility of the exclusion restrictions is also tested statistically with a Sargan-Hansen over-identification test. In

every case, the instruments pass the standard statistical test and are shown to be validly excluded from the outcome equations.

In the case of years of education, the IV strategy is implemented using two-stage least squares estimation where the leadership dummy indicator in equation (1) is replaced by its predicted value. For the college attendance and completion outcomes, a recursive bivariate probit model of the following form is estimated:

$$\begin{aligned}
 L_i^* &= \alpha_1 Z_i + \alpha_2 X_i + u_i \text{ such that } L_i = \mathbb{1}[L_i^* > 0] \\
 Y_i^* &= \delta_1 X_i + \delta_2 L_i + \omega_i \text{ such that } Y_i = \mathbb{1}[Y_i^* > 0] \\
 E[u_i] &= E[\omega_i] = 0 \quad \text{Var}[u_i] = \text{Var}[\omega_i] = 1 \quad \text{Cov}[u_i, \omega_i] = \rho,
 \end{aligned} \tag{3}$$

where  $L_i$  and  $X_i$ , are defined as in equation (1),  $Z_i$  is the vector of instruments,  $Y_i$  is an indicator variable that equals one if the student attended (or graduated from) college and zero otherwise,  $u_i$  and  $\omega_i$  are  $N(0,1)$  error terms, and  $\rho$  is the coefficient of correlation between the errors in the selection equation and the outcome equation. If  $\rho \neq 0$  and is significant, this can be interpreted as evidence of endogeneity bias present in the reduced-form probit model. Marginal effects and standard errors are calculated using a bootstrapping procedure with 500 replications. Under the restrictive assumption that the treatment effect is constant within the population, the ATE is assumed to be equivalent to the ATT and can be directly compared to the OLS and PSM estimates. Under the case in which the treatment effect is not constant and under additional assumptions<sup>4</sup>, Angrist, Imbens and Rubin (1996) show that IV estimation provides an estimate of the local average treatment effect (LATE). The LATE is the average effect of the treatment for those students who, due to the value of the instrument, are induced into a high school leadership position.

The data used in the empirical analysis come from the NELS. The NELS is the most recent of three secondary school longitudinal datasets provided by the National Center for Education

Statistics.<sup>5</sup> The survey includes 12,144 individuals who were in eighth grade in 1988 and included in the fourth follow-up in 2000. The participants were re-interviewed in 1990, 1992, 1994 and 2000. The students, their parents, their teachers and their school counselors were interviewed. The dataset contains a rich collection of both individual and school level characteristics. For the purposes of this research, this study is particularly well-suited as it asks a number of questions covering a wide range of extracurricular activities. Moreover, the responses include an indicator of whether the individual was a participant, a non-participant or if he was an officer or a captain in the particular activity. This allows for the construction of a dummy indicator for high school leadership experience. An individual is considered to be a high school leader if there is evidence that he held any leadership position (athletic captain or club officer) in either the tenth or twelfth grade.<sup>6</sup>

Since the effect of high school leadership is estimated using three different econometric approaches, a common analysis dataset is constructed so that each method is applied to the same sample of students. Due to missing leadership, education, control or instrumental variables, this reduces the original sample of 12,144 students who were included in the fourth follow-up survey to a sample of 9,670 students. In the analysis sample, 4,180, or 43.2%, of students are leaders, while 5,490 students (56.8%) are non-leaders. Admittedly, 43.2% seems like a high proportion of student leaders. However, Kuhn and Weinberger (2005) find similar proportions of student leaders in all three of their datasets. In their Project Talent sample, 57.7% of students are leaders; and, in the High School Beyond sample that only considers twelfth grade leadership, 48% of the students are leaders. These high percentages may reflect student reporting error. Alternatively, they may simply be a result of the comprehensive list of activities that are used to construct the leadership indicators. In addition, within a given activity, there may be multiple leadership positions. The National Honor Society, for example, likely has a president, vice president, secretary and a treasurer. Unfortunately, the data does not allow one to differentiate between a club president and a club treasurer.

Three different measures are used to assess the impact of high school leadership on subsequent educational attainment in the primary analyses: (1) years of education, (2) probability of attending any post-secondary institution, and (3) probability of holding a college degree. A supplemental analysis also considers attendance at a four-year school first as the dependent variable. Each of these outcome variables is measured in the year 2000, approximately eight years after high school. Table 1 presents descriptive statistics disaggregated by leadership status. A simple comparison of the means of each measure of educational attainment suggests a positive relationship between high school leadership and educational attainment. Compared with non-leaders, for example, leaders have, on average, obtained roughly one more year of education. In addition, over 90% of leaders have acquired some post-secondary education by 2000, while only 76% of non-leaders have attended. While 50% of high school leaders are college graduates on 26% of non-leaders have a college degree. Finally, conditional on attendance, a higher proportion of leaders attended a four-year school first. Each of these differences in means is statistically significant at the one percent level. Evidence provided by the descriptive statistics suggests that there is also substantial heterogeneity in many individual, family, and school characteristics across the two groups. (TABLE 1 ABOUT HERE)

## **Results**

The main results are reported in Table 2. All of the model specifications include controls for standard demographic characteristics (gender, race, age); family background characteristics (family income and socioeconomic status); school characteristics (public, Catholic, enrollment, percent of students with free lunch, percent of Black and Hispanic students, and school average math score); and regional differences (northeast, midwest, and west). Each model also controls for differences in endowed or attained cognitive ability by including standardized high school and eighth grade math test scores. Self-reported measures of popularity, athletic ability and locus of control may be

endogenous with respect to high school leadership. However, the inclusion of these additional characteristics may capture some characteristics that are often “unobserved” (motivation, confidence, etc.) and help to control for selection bias. Columns (a), (c) and (e) report results from Model 1, which does not include controls for popularity, athletic ability and locus of control. Columns (b), (d) and (e) are from Model 2, in which these controls are included. Coefficients on math scores are also reported in Table 2 to provide a reference of relative magnitude of the leadership effects.

OLS and probit results (reported in columns (a) and (b) ) are quite similar, suggesting the OLS results are not highly sensitive to the linearity or common support assumptions. Results from each model specification are precisely estimated and indicate that, *ceteris paribus*, leadership is associated with a 0.35 to 0.44 year increase in education. These estimates are not small. Compared with the effect of cognitive ability, they are roughly equivalent to a 6.5 to 7 percentile point increase in math test score.<sup>7</sup> These effects are also of similar magnitude to Altonji’s (1995) largest estimates of an additional year of science, foreign language or math class on total years of education (0.270, 0.590, 0.424, respectively). The results also suggest high school leadership is associated with a higher probability of both college attendance (5 to 7 percent) and college graduation (9.5 to 14 percent). These estimates are comparable to math score increases of approximately 5.5 to 8 percentile points.<sup>8</sup>

(TABLE 2 ABOUT HERE)

Before discussing the instrumental variables estimates, it is important to demonstrate the validity of the instruments. In each model specification, the p-value on the Cragg-Donald F-statistic is essentially zero, providing evidence that the instruments are strong predictors of high school leadership and are therefore sufficiently powerful.<sup>9</sup> First stage results (Table 3) also show that both school leadership opportunities and the interaction between twin and oldest child variables have an independent statistically significant impact on high school leadership. Table 2 reports p-values from

a Sargan-Hansen test of over-identifying restrictions for the education outcome equations. The joint null hypothesis for this test is that all but one of the instruments are uncorrelated with the error term and are therefore properly excluded from the outcome equation. The Sargan p-values are 0.8559 and 0.8466. Consequently, the null hypothesis cannot be rejected at conventional confidence levels. Taken together, this evidence indicates that the instruments are valid. (TABLE 3 ABOUT HERE)

Interestingly, the IV estimates are all larger than their corresponding OLS/probit and PSM estimates. Compared with the OLS and PSM results, both of which suggest a return to high school leadership of about a half-year increase in educational attainment, the corresponding IV estimates are over twice the size, or roughly 0.84 to 0.96 years. The corresponding math test score effects suggest that leadership is equivalent to a 15 to 16 percentile increase in math test scores. There is also a large difference in magnitude with respect to the probability of attending and graduating from a post-secondary institution. Whereas probit and PSM estimates suggest a 5 to 7% impact of leadership on college attendance, the IV result suggests this magnitude is over 20%. Both IV estimates of the impact of leadership on college graduation are around 35%, which is also much larger than their OLS and PSM counterparts (9.5% to 14%). These estimates are also greater than those reported by Lozano (2008), which imply leadership is associated with an increased probability of college attendance and graduation of about 7% and 28%, respectively.

Lozano (2008) finds that leadership is predicted to have an even higher impact on the probability of attending a four-year school (31% to 40%). Findings from a supplemental analysis that examines the impact of high school leadership on the probability of attending a four-year school first (Table 4) support this finding. The analysis is limited to students who attended any post-secondary school, which reduces the original sample from 9,970 to 7,910 students. The results of these analyses are similar to the main results of the paper, suggesting leadership also has a large, positive causal impact on the likelihood of attending a four-year (versus two-year) school. This

finding is important given the well-documented negative effects of two-year college attendance on bachelor's degree completion [Alfonso (2006), Miller (2007), Long and Kurlaender (2008), Doyle (2009), Reynolds (2009)]. (TABLE 4 ABOUT HERE)

### **Discussion and Robustness Checks**

The finding that the IV estimates are much larger than their OLS and PSM counterparts may seem counter-intuitive. If the source of unobserved heterogeneity is the traditional 'ability' bias, then IV estimation which correctly controls for such bias should result in estimates that are of smaller magnitude than their corresponding OLS or PSM estimates. Here the results reflect the opposite. However, while the theoretical literature on the return on education frequently suggests that OLS results will be biased in the upward direction, empirical researchers who rely on supply side features of the education system often find IV estimates that are at least as large as or larger than their corresponding OLS estimates.<sup>10</sup> In this sense, the results reported in this paper are consistent with much of the empirical literature on education.

The most straightforward explanation is that, rather than being upward biased, the OLS and PSM estimates are actually biased downward. The high proportion of student leaders in the sample may be suggestive of student reporting error, biasing the OLS and PSM estimates towards zero. As discussed earlier, this result could also reflect selection bias due to an unobserved characteristic, such as being a bookworm, that makes a student less likely to be a leader but more likely to attain further education. In either case, the instrumental variables estimation procedure is appropriately correcting for the negative bias. Results from the bivariate probit models suggest that this explanation is likely. In both model specifications for both discrete outcomes, the correlation coefficient is large, negative and statistically significant, indicating that OLS and PSM estimates are biased downward. In other words, the OLS and PSM likely understate the true impact of leadership.



Card (2001) puts forth an alternative interpretation for similar results found in the returns to schooling literature. If the impact of leadership is not constant across the student population, then the LATE, the estimated effect with IV, may differ from the ATT or ATE. Card (2001) suggests that instrumental variables estimates may be larger than OLS estimates because the IV method is measuring a treatment effect for a small low-education group with a higher marginal return to education, causing the LATE to be greater than the ATE or ATT. Here the IV estimates could be larger because the students who are induced into a leadership position due to the instruments have a greater marginal return to their leadership experience than the students who chose to be leaders. Consider school leadership activities, where an increase indicates a greater availability of school activities. Following Card's argument, if the students with initially higher marginal costs of high school leadership (those who will be more affected by the cost reduction imposed by greater availability of activities) also have a greater marginal return to leadership, then the IV estimates will overstate the average impact of high school leadership.

Another possible explanation for these results is that, despite passing the standard statistical tests, the instruments used in the analysis are simply not valid. To further test the instrument validity, Table 5 presents IV results from alternative specifications that rely on different sets of identifying assumptions. Results from these analyses indicate that the IV results are not particularly sensitive to the choice of model specification. For instance, even in models that do not rely on school leadership opportunities for identification (column D), the IV estimates are much larger than their corresponding OLS or PSM counterparts. This result helps ease one potential concern that the large IV estimates are being driven by the school leadership opportunities instrument which, if positively correlated with unobserved school quality, would lead to upward biased IV estimates. Another concern is that the twin/oldest child indicators should not be excluded from the outcome equations. Table 6 further investigates this concern by directly entering each instrument into the

outcome equation. In each and every case, not one of the coefficients on the instrumental variable is statistically different from zero. This result provides further evidence that the instruments are appropriately excluded from the outcome equation. (TABLES 5 & 6 ABOUT HERE)

Regardless of the interpretation of these results, every estimation method and model specification examined suggests the impact of high school leadership is large, positive, and significant in an economic and a statistical sense. The smallest estimates found are non-trivial and the evidence implies the impact may be much larger for some students. These results suggest OLS estimates of the correlation between leaders and later outcomes such as those reported by Kuhn and Weinberger (2005) and Lozano (2008) may understate the true impact of leadership experiences.

## **Conclusion**

This paper contributes to the literature by providing new evidence that indicates high school leadership does, in fact, have a large positive impact on the future educational attainment of the average student. Rather than providing specific estimates that can be relied upon for policy recommendations, this paper illustrates that even the smallest estimated effects are non-trivial and provides evidence that suggests the true causal impact for the group of students less likely to actively seek out leadership positions may be much larger. Since the availability of leadership positions depends upon the existence of school activities that provide such leadership opportunities, the evidence presented in this paper indicates that decisions regarding financial cutbacks for extracurricular activities should not be taken lightly. While the paper cannot explicitly address the implications of extracurricular cutbacks or programs such as play-to-play, the results suggest that such actions could be quite detrimental for those students who are stripped of the opportunity to undertake a leadership position. These results motivate further research on this topic. Studies which are able to quantify the impact of extracurricular funding cutbacks or programs such as pay-to-play would be particularly useful.

**Table 1. Descriptive Statistics**

	Leaders		Non-Leaders		Difference <sup>a</sup>
	Mean	Std. Dev	Mean	Std. Dev.	
<b>Outcomes:</b>					
Years of education	14.968	1.540	13.994	1.687	0.974 ***
Any post-secondary education	0.911	0.285	0.763	0.425	0.148 ***
College graduate	0.514	0.500	0.262	0.440	0.253 ***
Four year first, conditional on attendance	0.688	0.008	0.456	0.008	0.233 ***
<b>Controls:</b>					
Male	0.468	0.499	0.478	0.500	-0.011
Black	0.088	0.284	0.089	0.285	-0.001
Hispanic	0.094	0.292	0.137	0.344	-0.043 ***
Age (years)	25.800	0.505	25.877	0.564	-0.077 ***
8th grade socioeconomic status indice	0.147	0.754	-0.182	0.759	0.329 ***
High school socioeconomic status indice	0.209	0.773	-0.129	0.776	0.338 ***
8th grade family income indice	10.378	2.364	9.504	2.579	0.874 ***
High school family income indice	10.674	2.413	9.880	2.575	0.794 ***
High school enrollment	234.769	173.726	292.595	182.456	-57.826 ***
% free lunch in high school	19.067	20.300	21.205	21.168	-2.138 ***
% Black in high school	9.084	19.122	11.323	21.196	-2.239 ***
% Hispanic in high School	9.955	18.684	10.782	19.028	-0.827 **
Public high school	0.792	0.406	0.859	0.348	-0.067 ***
Catholic high school	0.073	0.259	0.059	0.236	0.013 ***
Private (non-Catholic) high school	0.135	0.342	0.081	0.273	0.054 ***
Mean school-level high school math score	5.214	0.575	5.084	0.536	0.130 ***
High school math score percentile	5.443	0.965	4.966	0.969	0.477 ***
8th grade math score percentile	5.480	1.029	5.009	0.964	0.472 ***
8th grade: athletic	0.340	0.474	0.195	0.397	0.145 ***
High school: athletic	0.226	0.418	0.094	0.292	0.131 ***
8th grade: popular	0.201	0.401	0.127	0.333	0.074 ***
High school: popular	0.185	0.388	0.085	0.279	0.099 ***
8th grade: locus of control	0.173	0.674	-0.015	0.699	0.188 ***
High school: locus of control	0.184	0.750	-0.026	0.740	0.210 ***
Northeast	0.191	0.393	0.190	0.393	0.001
Midwest	0.287	0.452	0.276	0.447	0.010
West	0.180	0.384	0.207	0.405	-0.026 ***
South	0.341	0.474	0.325	0.469	0.015
<b>Instruments:</b>					
% HS peers in leadership positions	0.400	0.170	0.356	0.156	0.043 ***
Twin	0.046	0.210	0.037	0.189	0.009 **
Oldest Child	0.338	0.473	0.304	0.460	0.034 ***
Twin*Oldest child	0.014	0.118	0.007	0.086	0.007 ***
	N= 4,180		N= 5,490		

**Notes:**

a. Difference is calculated as mean(leaders) - mean(non-leaders). \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

b. Per NCES restricted-data use agreements, samples sizes have been rounded to nearest 10.

**Table 2. The Impact of High School Leadership on Subsequent Educational Attainment**

	OLS & Probit		Propensity Score Matching		Instrumental Variables <sup>c</sup>	
	(a)	(b)	(c)	(d)	(e)	(f)
<b>A. Years of Education</b>						
High School Leadership	0.446 *** (0.028)	0.400 *** (0.028)	0.346 *** (0.038)	0.391 *** (0.046)	0.963 * (0.528)	0.835 * (0.510)
High School Math Score	0.624 *** (0.028)	0.590 *** (0.028)			0.586 *** (0.049)	0.559 *** (0.047)
<i>R-squared</i>	0.411	0.420				
<i>F-statistic</i>					7.62	8.08
<i>(p-value)</i>					0.0000	0.000
<i>Sargan Statistic (p-value)</i>					0.8559	0.8466
<b>B. Any Post-Secondary Education<sup>b</sup></b>						
High School Leadership	0.070 *** (0.006)	0.064 *** (0.007)	0.050 *** (0.011)	0.059 *** (0.009)	0.243 *** (0.074)	0.213 *** (0.044)
High School Math Score	0.080 *** (0.006)	0.076 *** (0.006)				
<i>R-squared</i>	0.261	0.268				
<i>Rho</i>					-0.503 *** (0.157)	-0.396 *** (0.184)
<b>College Graduate<sup>b</sup></b>						
High School Leadership	0.143 *** (0.011)	0.125 *** (0.012)	0.095 *** (0.015)	0.104 *** (0.015)	0.341 *** (0.116)	0.357 *** (0.115)
High School Math Score	0.229 *** (0.011)	0.219 *** (0.011)				
<i>R-squared</i>	0.320	0.329				
<i>Rho</i>					-0.490 *** (0.063)	-0.568 *** (0.089)
Popular, Athletic, Locus of Control	No	Yes	No	Yes	No	Yes
<i>N=9,670 individuals</i>						

**Notes:**

- Robust standard errors clustered at the school level are reported in parenthesis. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% level, respectively. All specifications include controls for demographics, family background, region, school quality, and cognitive ability (math scores).
- Reported coefficients in columns (a) and (b) on Any Post-Secondary and College Graduate are marginal effects from probit models.
- Instruments include twin, oldest child, twin\*oldest child and school leadership opportunities.
- Per NCES restricted-data use agreements, samples sizes have been rounded to nearest 10.

**Table 3. First Stage Results**

School Leadership Opportunities	0.134 *** (0.041)	0.122 *** (0.040)
Oldest Child*Twin	0.119 ** (0.054)	0.113 ** (0.053)
Twin	0.040 (0.029)	0.048 * (0.028)
Oldest Child	0.009 (0.010)	0.016 (0.010)
Popular, Athletic, Locus of Control	No	Yes
F-statistic	7.62	8.08
P-value	0.0000	0.0000
Sargan P-Value on over-id test	0.8559	0.8466

**Notes:**

a. \*, \*\*, \*\*\* denotes statistical significance at the 10, 5, and 1% level, respectively.

b. All specifications include controls for demographic, family, region, school, and cognitive ability (math scores).

**Table 4. High School Leadership and College Attendance, Four-Year School First**

	Probit		Propensity Score Matching		Bivariate Probit	
	(a)	(b)	(c)	(d)	(e)	(f)
High School Leadership	0.156 *** (0.012)	0.141 *** (0.013)	0.114 *** (0.016)	0.103 *** (0.017)	0.378 *** (0.115)	0.362 *** (0.136)
High School Math Score	0.197 *** (0.013)	0.191 *** (0.013)				
<i>R-squared</i>	0.239	0.244				
<i>Rho</i>					-0.599 *** (0.123)	-0.534 ** (0.142)
<i>Number of observations</i>	7,910	7,910	7,910	7,910	7,910	7,910
Popular, Athletic, Locus of Control	No	Yes	No	Yes	No	Yes

**Notes:**

a. Robust standard errors are reported in parenthesis. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% level, respectively. All specifications include controls for demographics, family background, region, school quality, and cognitive ability (math scores).

b. Reported coefficients are marginal effects.

c. Instruments include twin, oldest child, twin\*oldest child and school leadership opportunities.

d. Per NCES restricted-data use agreements, sample sizes have been rounded to nearest 10.

**Table 5. Alternative Instrumental Variables Specifications**

	(a)	(b)	(c)	(d)
<b>Education</b>				
High School Leadership	0.835 *	1.024 *	1.160	0.895
	(0.502)	(0.569)	(0.786)	(0.762)
<i>F-statistic</i>	8.08	13.72	13.77	14.11
<i>F-stastic p-value</i>	0.0000	0.0000	0.0000	0.000
<i>Sargan p-value</i>	0.8466	0.8154	n/a	n/a
<b>Any Post-Secondary Education</b>				
High School Leadership	0.213 ***	0.219 ***	0.216 ***	0.198 ***
	(0.044)	(0.067)	(0.040)	(0.063)
<i>Rho</i>	-0.396	-0.417	-0.480	-0.426
	(0.184)	(0.175)	(0.137)	(0.170)
<b>College Graduate</b>				
High School Leadership	0.357 ***	0.365 ***	0.375 ***	0.373 ***
	(0.115)	(0.079)	(0.073)	(0.075)
<i>Rho</i>	-0.568	-0.583	-0.603	-0.599
	(0.089)	(0.084)	(0.078)	(0.080)
<i>Instruments:</i>				
School Leadership Opportunities	X	X	X	
Twin	X			
Eldest Child	X			
Twin*Eldest Child	X	X		X

*N=9,670 individuals***Note:**

- a. Robust standard errors are reported in parenthesis. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% level, respectively. All specifications include controls for demographics, family background, region, school quality, and cognitive ability (math scores).
- b. Reported coefficients on Any Post-Secondary and College Graduate are marginal effects from probit models.
- c. Per NCES restricted-data use agreements, sample sizes have been rounded to nearest 10.

**Table 6. Instrumental Variables Exclusion Restrictions**

	Model 1 (a)	Model 2 (b)
<i>Outcome: Years of Education</i>		
Twin	-0.050 (0.082) [z=0.61]	-0.048 (0.083) [z=-.057]
Oldest Child	-0.014 (0.030) [z=-0.46]	-0.051 (0.031) [z=-.051]
Twin*Oldest Child	0.012 (0.173) [z=0.07]	0.018 (0.175) [z=-.10]
School Leadership Opportunities	0.059 (0.138) [z=0.43]	0.070 (0.125) [z=0.56]
<i>Popular, Athletic, Locus of Control</i>		
<i>N= 9,670</i>	No	Yes

**Notes:**

- Both model specifications include controls for demographics, family background, region, school quality, and cognitive ability (math scores). Robust standard errors are reported in parenthesis.
- Coefficients represent estimates of the given variable on total years of education from separate regressions where leadership is instrumented with the other three instruments.
- Per NCES restricted-data use agreements, sample sizes have been rounded to nearest 10.

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## Notes

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<sup>1</sup> Models were also estimated using alternative matching methods. Results are not highly sensitive to the choice of matching approach.

<sup>2</sup> Since the estimates rely on estimated propensity scores, the standard errors are estimated using the bootstrap method with 50 replications.

<sup>3</sup> Anderson (2001) and Altonji (1995) both rely on a similar instrument.

<sup>4</sup> These are (1) stable unit treatment values, (2) random assignment to treatment, (3) valid exclusion restriction, (4) nonzero causal effect of the IV on treatment status and (5) monotonicity.

<sup>5</sup> In contrast to the NLS-72 and HS&B, Title IX was fully implemented by the time students of the NELS were in high school. Thus, in addition to it being the most current survey, use of the NELS avoids the problem of confounding the influence of expanding and uneven athletic opportunities for women. Interestingly, however, point estimates (AUTHOR, 2009) using the HS&B are nearly identical to those reported in this article.

<sup>6</sup> A full list of activities used to create leadership measure is available upon request.

<sup>7</sup> This is calculated by taking the coefficient on leadership divided by the coefficient on math score (which represents the effect of a 10 percentile increase in math score) multiplied by 10.

<sup>8</sup> OLS results change little when high school fixed effects are included in the models.

<sup>9</sup> While the F-statistics do not meet the commonly cited threshold of 10 (reflecting less than 10% bias), the F-statistics do exceed the threshold for 20 percent bias (critical value = 6.71) as given by Stock and Yogo (2005). The estimates are also robust to limited-information maximum likelihood estimation, which Stock, Wright and Yogo (2002) argue is more robust to weak instruments than 2SLS (results available on request).

<sup>10</sup> Card (2001) summarizes results from 11 studies that find IV estimates that are larger than OLS estimates.