General Health (Immunization/Medication) Information for Study Abroad Students

Pre-departure vaccinations and healthy travel practices in the country(ies) in which you are studying play significant roles in protecting your health and ensuring that you have a pleasurable study abroad experience.

To find comprehensive information (including recommended or required vaccinations for international travel), visit the US Center for Disease Control website: http://www.cdc.gov/travel. Please check with your doctor or a travel clinic for the latest information regarding travel abroad and your personal medical concerns.

You should plan on getting your vaccinations and medications at least one month before you leave (and some vaccinations may require a series of shots taken months apart), so make your appointments soon. In previous years, many students have chosen to visit their own doctors although most doctors, including Elon’s Health Service, may not provide all vaccinations. Below are several travel clinics in the vicinity of Elon that may provide additional vaccinations and medications.

Maxim Health Services
126 West Front Street, Burlington
*The office is open 8am-6pm, Mon-Fri but you must call to schedule an appointment.
(866) 857-6315.

Dr. Michael Blocker
Burlington Medical Practice
Alamance Regional Hospital
(336) 584-5200
*must schedule immunization appt. and have full payment up-front

Duke International Travel Clinic
at Duke Urgent Care
5716 Fayetteville Road, Durham
(919) 416-3853

Travel Clinic
Concentra Medical Center
5400 S. Miami Blvd, Durham
(919) 941-1911

Guilford County Health Department
Foreign Travel Clinic
1100 E. Wendover Avenue, Greensboro
(336) 641-6220

Family Doctor
151 Rams Plaza, Chapel Hill
(919) 968-1985
www.ncfamilydoctor.com
*must schedule immunization appt. and have full payment up-front

To find other travel clinics, visit http://www.immunizenc.com/Travelimm.htm. At the clinics, nurses and doctors can advise you on the vaccinations you should get and give you general health information on traveling abroad. (Remember advice from other students, faculty, or staff at Elon may be from seasoned travelers but not medical physicians.) Be sure to tell them where you are going and the length of time you will be there. Also tell them any other locations you plan on traveling to during your study abroad program. If you have an International Health Certificate, bring it so they can record your vaccinations. If you do not have one, please request one. Make sure to take this International Health Certificate with your other important documents when you travel. You may want to bring additional prescription medications for common sicknesses in the country in which you will be studying. Also plan on bringing a copy of your eye prescription and getting a dental checkup and flu shot. Check to see if your visit is covered under your medical insurance plans. Even if it is not, prescription drugs such as anti-malarial tablets (if applicable) might be.

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