

Phoenix Compliance Newsletter



October 2009

Hour Limitations

During the In Season period, a student-athlete may participate in a maximum of 20 hours per week of countable athletically related activities.

- No more than 4 hours per day
- Required 1 day off per week

During the Out-of-Season, a student-athlete may participate in a maximum of 8 hours per week of countable athletically related activities.

- Required 2 days off per week
- Participation in up to 2 hours of individual skill-related instruction

Holiday Season

With the holiday season slowly approaching please be aware of the following NCAA Bylaws that are relevant to the season.

Cards

It is impermissible to send a prospective student-athlete a holiday or greeting cards. It is only permissible to send institutional note cards as defined by NCAA Bylaw 13.4.1.1.

Gifts

It is impermissible to give any gift to a student-athlete. Gifts are considered to be an "extra benefit" under the NCAA Bylaws.



"Recruiting" and "Playing and Practice Season" Logs are due at the beginning of each month. Please submit them to Clay Hassard or Kyle Ostendorf.

