



*1st Annual
Elon University Cross Country Invitational*

- DATE: Saturday, September 12, 2009
- TIME: 9:15 AM College/Open Women- 5K
10:00 AM College/Open Men- 8K
- SITE: Elon University- Elon, North Carolina
South Campus Fields, Trollinger Ave.
- COURSE: The course is composed primarily of grass with gradual uphill and downhill.
- PREVIEW: The course will be open for preview on Friday, September 11, 2009, from 2:00-6:00PM.
- SCORING: The first five finishers per school will score; the next two will displace. Runners on incomplete teams will not count toward team scoring. Unlimited entries per school are permitted, but only one team per school will be scored.
- TRAINER: A trainer will be present on Saturday, September 12, starting at 7:30AM.
- RESULTS: Individual times and team scores will be posted. Results will be available 30 minutes after each race. Results will also be posted at elonphoenix.com.
- AWARDS: Awards will be presented to the top ten individual finishers.
- ENTRY FEE: \$100.00 per team (unlimited entries)
\$200.00 for both men and women (unlimited entries)
\$20.00 per individual (open and collegiate) *Entry fee nonrefundable.*
- DEADLINE: Entry forms must be **received** by Monday, September 7, 2009. Email entries or send attached form to:
Christine Engel, Elon University Cross Country
Campus Box 2500
Elon, NC 27244
cengel@elon.edu
Entries will be posted on elonphoenix.com by Thursday, September 10, 2009
- QUESTIONS: Contact Christine Engel at 336-278-6739, cengel@elon.edu



1st ANNUAL
ELON UNIVERSITY
CROSS COUNTRY INVITATIONAL

Saturday September 12th, 2009

School _____
Coach _____ Email _____
School phone _____ Home phone _____

ENTRY LIST (please type or print clearly) DEADLINE: September 7, 2009

| College/Open Women's 5K | | College/Open Men's 8K | |
|-------------------------|-------|-----------------------|-------|
| Name | Year | Name | Year |
| 1. _____ | _____ | 1. _____ | _____ |
| 2. _____ | _____ | 2. _____ | _____ |
| 3. _____ | _____ | 3. _____ | _____ |
| 4. _____ | _____ | 4. _____ | _____ |
| 5. _____ | _____ | 5. _____ | _____ |
| 6. _____ | _____ | 6. _____ | _____ |
| 7. _____ | _____ | 7. _____ | _____ |
| 8. _____ | _____ | 8. _____ | _____ |
| 9. _____ | _____ | 9. _____ | _____ |
| 10. _____ | _____ | 10. _____ | _____ |
| 11. _____ | _____ | 11. _____ | _____ |
| 12. _____ | _____ | 12. _____ | _____ |
| 13. _____ | _____ | 13. _____ | _____ |
| 14. _____ | _____ | 14. _____ | _____ |
| 15. _____ | _____ | 15. _____ | _____ |

Entry Fee: Men or Women \$100.00 _____ Men & Women \$200 _____
Individual \$20.00 _____ Total Entry Fee Enclosed _____

Please make checks payable to Elon Athletics.

Mail or email to: Christine Engel
Head Cross Country Coach
Elon University
Campus Box 2500
Elon, NC 27244
cengel@elon.edu