Elon provides an employee assistance and counseling program through the Alamance Regional Medical Center. The cost of participation is being paid by the university. Scheduled appointments take place in the Grand Oaks Building on the ARMC campus.

The Employee Assistance and Counseling Program (EACP) provides confidential, professional counseling when an employee or a member of the employee’s household needs help to resolve personal problems that are affecting the employee, the employee’s family, or the employee’s work. The Employee Assistance and Counseling program deals with issues such as anxiety, alcohol abuse, aging parents, depression, drug abuse, financial stress, family conflict, legal concerns, marriage conflict, grief and loss, job burnout, and stress.

In addition to confidential counseling, the Employee Assistance and Counseling Program (EACP) also provides:

• 24-hour crisis response
• Assessment and referral
• Workshops as requested
• A monthly Wellness newsletter
• A monthly supervisor skill development newsletter

Appointments can be scheduled at Alamance Regional Medical Center by calling (336) 538-7481. For more information please view the Employee Assistance and Counseling Program link.

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