bridges Seminar
Student Professional Development Center, Elon University
Monday, June 4th-Friday, June 8th, 2012

Ashley Pinney  Marianne Brigola
apinney@elon.edu  mbrigola@elon.edu
336-278-6551  336-278-6543

Course Description:
Efforts in this seminar focus on conversation and preparation for life beyond Elon with the intent of bridging the transition from Elon to the “real world.” There are five components of this seminar: job search strategies and job success, personal finance, alumni and professional mentoring, relocation information, and nutrition and wellness.

Learning Outcomes: Students will be able to...

Job Search Strategies & Job Success
1) Craft an updated, targeted, and professional-looking resume and cover letter(s)
2) Create a career action plan to help meet professional goals
3) Utilize online resources to obtain an internship or permanent employment
4) Interview confidently
5) Negotiate a salary
6) Conduct effective and professional informational interviews and establish job contacts
7) Adapt successfully to a new work environment and develop positive relationship with colleagues and superiors

Personal Finance
8) Create a personal budget
9) Build a financial management system (spending, saving, investing)
10) Understand credit, insurance, taxes, healthcare, loan repayment/debt
11) Freelance successfully (in Los Angeles)

Alumni and Professional Networking
12) Utilize relationship with personal mentor to gain knowledge of an industry and/or profession
13) Connect with other Elon Alumni to build professional relationships and broaden and enhance social circle

Relocation Information
14) Conduct a targeted real estate search
15) Apply for and sign a lease or rental agreement and understand the ins and out of the agreement
16) Negotiate rent
17) Understand additional fees, i.e. utilities, renters insurance, etc.
18) Develop positive relationships with landlord, tenants, and roommates
19) Comprehend terms like “sublet” and “rent controlled”
20) Obtain a library card

**Nutrition and Wellness**
21) Cook healthy and affordable meals
22) Participate in city exercise programs (In NYC, Yoga in the Park, rollerblading in Central Park, etc.)

**Grading:** Pass/Fail

**Honor Code:** As you are enrolled in an Elon class, you are expected to uphold the four fundamental values of the Elon Honor Code: Honesty, Integrity, Responsibility, and Respect.

Breaches of these values will result in an academic or social honor code violation report. Honor code violations include: plagiarism, lying, cheating, stealing or vandalism, and facilitating academic dishonesty. These violations may result in the lowering of a grade or failure of a class. While “intent” may be considered in assigning sanctions, it is not a factor in determining responsibility for an offense. Students should consult with their professor if they are uncertain about whether specific activities are violations of the honor code.

Definitions and examples of Elon Honor Code violations above may be found at [http://www.elon.edu/e-web/students/handbook/judicialhonor.xhtml](http://www.elon.edu/e-web/students/handbook/judicialhonor.xhtml)

*If you are a student with a documented disability who will require accommodations in this course, please register with Disabilities Services in the Duke Building, Room 108 (278-6500), before you graduate for assistance in developing a plan to address your academic needs.*