



ELON
CAMPUS RECREATION
Wiffleball Rules

Participation: All participants must have a valid Phoenix Card and be eligible for participation as listed in the Elon University Intramural Sports Participant Guide.

Game time is forfeit time.

Unless otherwise noted, all NIRSA slow pitch softball rules apply.

1. Game and Equipment

1.1. Teams must have five players to compete in any game.

1.1.1. Co-Ed: Teams must have at least two women listed on the line up and in the field at all times.

1.2. A team may have more than 5 players on the roster and they may all bat (in same order throughout game) but only 5 are allowed to play in the field at one time.

1.3. Each game will last 5 innings or 40 minutes, whichever comes first.

1.3.1. A new inning may not begin after 40 minutes from the time the game began.

1.3.2. There will be NO extra innings, until the post season. Once in the post season, extra innings will be played until a winner is determined.

1.4. All batters start with a 1-1 count.

1.4.1. Four balls is a walk, three strikes is an out. A foul ball on the third strike is an out.

1.5. A predetermined strike zone will be used for all batters. Any pitch that hits within this area will be a strike. A pitch that hits the bottom or misses the object completely will be a ball.

1.6. Pitcher must have one foot on the pitching line when pitching the ball.

1.7. A different pitcher must pitch the duration of each inning

1.7.1. Teams must have five different players pitch one complete inning.

1.7.2. No hesitation pitches and no quick pitches.

1.8. A team is allowed two outs during their at-bat. The half-inning is over after two outs.

1.8.1. A runner can be put out by any regular force out situations.

1.8.2. The defense may throw the ball at the runner. If the runner is hit by a thrown ball while between bases, the runner is out.

1.9. Teams may score up to 10 runs in any inning. Once a team has scored 10 runs the half inning will be complete regardless of outs.

1.10. Runners cannot lead off bases.

1.10.1. Regular baseball/softball rules concerning runner interference apply.

1.10.2. The runner must try to avoid contact with the defensive player or will be called out automatically.



2. Live and Dead Ball Situations

- 2.1.1. Any batted ball that hits the walls along the foul lines is considered a **live ball** and may be **caught in the air for an out**.
- 2.1.2. If the batted ball hits off the wall along the foul lines and drops to the ground it is considered a foul ball.
- 2.1.3. A batted ball that hits the backboards or ceiling is considered a live ball and may be caught in the air for an out.
- 2.1.4. A batted ball that hits the right field wall on the white paint or above in the air is an automatic home run.
- 2.1.5. A batted ball that hits the left field wall above the black section of the curtain in the air is an automatic home run.
- 2.1.6. A batted ball that hits the ceiling, and then above either home run line (left field or right field) is a home run.
- 2.1.7. There is no out-of-play situation where the defense throws the ball in an effort to make an out on the offensive team.

3. Each team is responsible for keeping their own score and for checking with the Intramural supervisor after each half-inning to make sure the score is correct.

- 3.1.1. The Intramural supervisor is the official scorekeeper.

4. Campus Recreation will supply ALL required game equipment.

5. Co-Ed Rules

5.1. Teams must have five players to compete in any game.

- 5.1.1. **Co-Ed:** Teams must have at least two women listed on the line up and in the field at all times.

5.2. Batting order must alternate between male and female participants. An automatic out will take place at each spot in the order where there are back to back male batters.

5.3. Pitchers must alternate by gender each inning

- 5.3.1. If a male pitches in the first inning a female must pitch the second inning.

5.4. For the team at bat, **one male is allowed to walk per inning with the female following in the batter order allowed the opportunity to walk automatically or take her at-bat**

- 5.4.1. First walk to a male batter per half inning only.

- 5.4.2. After the first male walk in an inning, the female(s) following in the batting order must take her at-bat.