What to use with Condoms

Use with All Condoms

• Water-based lubricants (products such as AquaLube, AstroGlide, and K-Y Jelly)
• Glycerine
• Spermicides
• Saliva
• Water
• Silicone Lubricant

Do not use with Latex Condoms

• Spermicides
• Baby oil
• Cold creams
• Edible oils (such as olive, peanut, or canola oil)
• Massage oil
• Petroleum jelly
• Rubbing alcohol
• Suntan oil and lotions
• Vegetable or mineral oil
• Vaginal infection medications in cream or suppository form