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Hello there! Congratulations on your acceptance to Elon University! My name is Megan Oliver, and I am a Junior Strategic Communications major as well as the Public Relations Intern for Student Health 101 Magazine. The goal of this magazine is to educate Elon students about current health trends to ensure that each student will have a healthy and happy college experience.

My name is Kristen DeMaria and I am a Junior Strategic Communications major and the current Design Intern for Student Health 101. The magazine is a great resource for learning both about general health topics as well as Elon-specific content. I encourage all of you to read it each month and let us know what you think!

My name is Jeff Flitter and I was the Video Intern for Student Health 101. I just graduated from Elon this year with a major in Broadcast Journalism. Student Health 101 is an informative and entertaining way for students at Elon University to learn about health and wellness through a multimedia magazine. I encourage every student to check it out for tips and tricks about managing stress, healthy eating recipes, or to enjoy student written articles.

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