Elon's online health and wellness magazine.
Follow the link above to visit Student Health 101!

http://readsh101.com/902elon.html

Read it yet?

Why haven't you?
Congratulations on your acceptance to Elon University!

My name is Kristen Derketa and I am a Senior Strategic Communications major and the current Design Intern for Student Health. I read it each month and let us know what you think! The magazine is a great resource for learning about general health topics as well as Elon-specific content. I encourage you to share it with friends.

My name is Simone Jackson and I'm a Senior Strategic Communications major and the Marketing Intern for Student Health. I was drawn to the online magazine because of how informative it is about health and wellness topics specifically for students here at Elon. The magazine educates Elon students about how to manage stress, budget your money, stay fit and even shares fun, healthy eating recipes. I encourage you to check it out.

Health 101.

Health 101.