requires the following courses:
HED 111. CONTEMPORARY WELLNESS ISSUES 2 sh
HED 321. HEALTH SERVICES AND CONSUMERISM 4 sh
HED 220. FIRST AID 1 sh

Students must complete the professional studies requirements listed for Special Subjects areas (K-12) under Education.

Physical Education endorsement (for students with teacher licensure) requires the following courses:
EDU 423 Materials and Methods of Teaching Physical Education 4 sh

Sixteen additional hours chosen from the following courses: 16 sh
PED 125 Skills and Activities for Teaching (3 sh)
PED 211 History/Foundations of Sport/Physical Education
PED 310 Motor Learning Theory for Teaching and Coaching
PED 321 Biomechanics
PED 341 Theory of Coaching (2 sh)
PED 360 Elementary Physical Education (K-6)
PED 401 Adapted Physical Education (2 sh)
PED 410 Organization and Administration
ESS 422 Physiology of Exercise

TOTAL 20 sh

A minor in Health Education requires the following courses:
HED 324 NUTRITION 4 sh
HED 325 SUBSTANCE ABUSE AND HUMAN BEHAVIOR 4 sh
HED 326 HUMAN SEXUALITY 4 sh

Eight semester hours chosen from additional courses 8 sh
required for the Health Education major. (Not including EDU 427)

TOTAL 20 sh

HED 111. CONTEMPORARY WELLNESS ISSUES 2 sh
Students will study selected topics in personal wellness. Topics may include nutrition and weight control, exercise for health and wellness, psychosocial aspects of health and wellness and the effects of alcohol and other drugs. Students will examine current issues pertaining to personal choices and well-being. This course meets half-semester fall and spring.

HED 220. FIRST AID 1 sh
This is a course which provides a background in first aid and CPR principles, procedures and skills emphasized in the latest American Red Cross courses. Consideration is given to personal and community safety in everyday living. Special fee: $23. Offered fall and spring.

HED 321. HEALTH SERVICES AND CONSUMERISM 4 sh
This introduction to comprehensive health education emphasizes health trends, objectives, products, services and factors that influence personal choice in the health marketplace. Students study methods of identifying and managing major health risk behaviors and investigate health education in the school and community, health services, resources, networking and health promotion. Experiential hours in a community health agency required. Prerequisite: junior/senior standing. Offered fall of odd years.

HED 324. NUTRITION 4 sh
This course provides a comprehensive study of nutrient basics, digestion, metabolism, vitamins, minerals, supplements, steroids, weight management, eating disorders, nutritional deficiencies and imbalances. Emphasizes practical application of nutrition concepts throughout the life cycle and investigates food technology and food safety. Prerequisite: junior/senior standing. Offered fall.

HED 325. SUBSTANCE ABUSE AND HUMAN BEHAVIOR 4 sh
This course provides a comprehensive study of factors influencing alcohol and other drug use including personality, societal and biological factors. Emphasizes prevention through the curriculum, identifying the high-risk student and appropriate referrals in the school system and community. Students will gain experience using technology as a strategic resource related to this topic. Prerequisite: junior/senior standing. Offered spring of odd years.

HED 326. HUMAN SEXUALITY 4 sh
This course provides a comprehensive study of biological and psychosocial sexuality throughout the life cycle, including male and female physiology, contraception, pregnancy, childbirth, sexually transmitted diseases, gender roles, intimate relationships, parenting and deviant sexual behavior. Prerequisite: junior/senior standing. Offered fall of even years.

HED 362. HEALTHFUL LIVING IN THE ELEMENTARY SCHOOL 2 sh
This course provides a study of health, safety and physical education needs of elementary children (including content and methodology) and the integration of those needs with the curriculum. Observation hours in the public schools required. Prerequisite: EDU 211. Offered fall and spring.

HED 421. CHRONIC AND ACUTE DISEASES 4 sh
Students study the interdependency of body systems and diseases and conditions that affect human health and well being. Topics include the historical foundation of health professions, immunology, pathophysiology of prominent acute and chronic diseases, sociocultural factors that influence health, and consequences and prevention of major health risk behaviors. Methods of health appraisal and screening are also investigated. Prerequisites: BIO 161, 162. Offered fall and spring.

HED 491. INDEPENDENT STUDY 1-4 sh
HED 499. RESEARCH IN HEALTH EDUCATION 1-4 sh

History
Chair, Department of History: Professor Bissett
Professors: Crowe, Digre, Midgette, G. Troxler
Associate Professors: J. O. Brown, Ellis, Festle
Assistant Professors: Carignan, Chang, Irons, Nemcik
Adjunct: Cockrell

The study of history centers on exploration of various economic, social, political, military and religious forces that have transformed the face of the world. It combines analytical thinking and writing with a detailed grasp of the many influences that have brought about historical change.

History is a discipline that explores the dynamics of change from humanistic and social scientific perspectives. Because of the breadth and depth of historical investigation, students who choose to major or minor in history at Elon University find themselves well prepared...
for careers that require interaction with people and the ability to write and think analytically.

A major in History requires the following courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>HST 111</td>
<td>Europe and the Mediterranean World to 1660</td>
<td>4 sh</td>
</tr>
<tr>
<td>HST 112</td>
<td>Europe and the Mediterranean World since 1660</td>
<td>4 sh</td>
</tr>
<tr>
<td>HST 301</td>
<td>Research Methods</td>
<td>4 sh</td>
</tr>
<tr>
<td>Choose one course from:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HST 121</td>
<td>United States History through 1865</td>
<td>4 sh</td>
</tr>
<tr>
<td>HST 122</td>
<td>United States History since 1865</td>
<td></td>
</tr>
<tr>
<td>HST 123</td>
<td>United States and North Carolina since 1865</td>
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</tbody>
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Twenty-four hours history electives, 16 of which must be at the 300-400 level:

- U.S. History (8 sh)
- non-U.S. History (8 sh)
- other electives (8 sh)

One history seminar course including completion of a senior thesis | 4 sh |

**TOTAL** | 44 sh |

It is strongly recommended that history majors, in consultation with their advisor, select a topical or regional concentration of 12 semester hours at the 300 level and above. Concentration courses will be chosen from among the required 24 elective hours. With the approval of the department chair, four hours from outside the history department may be applied toward the concentration and the elective history credit hour requirement. The history department strongly recommends that history majors considering graduate school take a foreign language.

**History majors receiving teacher licensure** must complete the following courses:

<table>
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<td></td>
</tr>
<tr>
<td>HST 301</td>
<td>Research Methods</td>
<td>4 sh</td>
</tr>
<tr>
<td>One history seminar course</td>
<td>4 sh</td>
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</tbody>
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Sixteen hours HST electives at the 300-400 level chosen from each of the following areas:

1. United States
2. Europe
3. Developing World (Africa, Latin America, and Asia)
4. Minority History (African-Americans, Native Americans, and Women)

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>GEO 131</td>
<td>The World's Regions</td>
<td>4 sh</td>
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<tr>
<td>POL 111</td>
<td>American Government</td>
<td>4 sh</td>
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<tr>
<td>Set of Professional education courses</td>
<td>35 sh</td>
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**TOTAL** | 83 sh |

A minor in History requires the following:

<table>
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<tr>
<td>HST 221</td>
<td>The World in the Twentieth Century</td>
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Four semester hours chosen from:

- HST 111 Europe and the Mediterranean World to 1660 | 4 sh |
- HST 112 Europe and the Mediterranean World since 1660 |
- HST 221 The World in the Twentieth Century |

Twelve semester hours of history electives at the 300-400 level | 24 sh |

**TOTAL** | 20 sh |

HST 111. EUROPE AND THE MEDITERRANEAN WORLD TO 1660 | 4 sh |

This survey of major developments in the Mediterranean world begins with ancient Mesopotamian and Egyptian civilizations. Students also explore the evolution of the great formative cultures of the Western world (Greece and Rome) and the Middle East and look at their interaction during the Middle Ages, the Renaissance, the Reformation and the beginnings of early modern Europe. Offered fall.

HST 112. EUROPE AND THE MEDITERRANEAN WORLD SINCE 1660 | 4 sh |

A survey of major developments in the Mediterranean world from 1660 to the present, this study covers the rise of the major European powers during the period and discusses their interaction with one another and the Middle East and North Africa, particularly in the 19th and 20th centuries. Offered fall and spring.

HST 121. UNITED STATES HISTORY THROUGH 1865 | 4 sh |

This survey of early U.S. history includes the major political, social, economic, and intellectual developments in the U.S. from the first explorations of the continent through 1865, and considers the implications of these events and developments on the American experience after 1865. Offered fall and spring.

HST 122. UNITED STATES HISTORY SINCE 1865 | 4 sh |

The study of U.S. history continues in this course with emphasis on the major political, social, economic, and intellectual developments in the nation from the Civil War to the present. The course also examines how events and developments that occurred prior to 1865 influenced the nation's evolution after the Civil War. No credit for students with prior credit for HST 123. Offered fall and spring.

HST 123. THE UNITED STATES AND NORTH CAROLINA SINCE 1865 | 4 sh |

This survey of U.S. history since the Civil War places special emphasis on how major political, social, economic, and intellectual developments in the nation have influenced North Carolina. The course also examines how events and developments that occurred prior to 1865 influenced the nation's evolution after the Civil War. No credit for students with prior credit for HST 122. Offered fall and spring.

HST 131-149. SPECIAL TOPICS | 2-4 sh |

These courses are designed for entry-level students and address specific topics. Each topic is examined in broad historic context. These courses meet the General Studies requirement. Previous topics have included: the Civil Rights Movement, Anti-Communism in America, Jews and Gypsies in Western Civilization and Being and Becoming Indian.

HST 221. THE WORLD IN THE 20TH CENTURY | 4 sh |

This survey of contemporary history examines critical events, ideologies and movements that have shaped our world. Students gain an understanding of the historical
context of current global issues by examining developments in Africa, Asia, Europe, Latin America and the Middle East. Offered spring.

HST 251. HISTORY STUDIES ABROAD 4 sh
This course offers a specialized study for those participating in abroad programs. Offered winter.

HST 301. RESEARCH METHODS 4 sh
Students will focus on framing and answering historical questions using a variety of research techniques and both primary and secondary source materials. They will formulate and execute a research project that will result in both a written and oral presentation of their findings. Offered spring.

Africa

HST 313. MODERN AFRICA 4 sh
This survey course explores developments in Africa during the past century (especially regions south of the Sahara) and examines African responses to European imperialism, African independence and the problems faced by the new African states.

HST 314. A HISTORY OF SOUTHERN AFRICA 4 sh
This course examines the forces that have shaped the history of South Africa and its neighbors in the 19th and 20th centuries, focusing on the effects of apartheid on modern South African society.

Russia

HST 316. THE HISTORY OF IMPERIAL RUSSIA TO 1917 4 sh
This course explores the major developments in the history of the Russian state from its origin in the 9th century to the collapse of the tsarist system in 1917. Topics include Kievan Rus and the Mongols, the rise of Moscow, the Westernization efforts of Peter and Catherine the Great and the gradual transformation of Russia from its wars with Napoleon through the overthrow of the Romanov dynasty.

HST 317. RUSSIA AND THE SOVIET UNION SINCE 1917 4 sh
This study of modern Russian history explores the Bolshevik communist system, considers the transformation of the Soviet state under Lenin and Stalin and studies Russia’s role in World War II and its impact on the USSR afterwards. Topics include the emergence of the Soviet Union as a world power under Stalin, Khruschev and Brezhnev; Soviet domestic events under all three men and the impact of Mikhail Gorbachev, Boris Yeltsin and other recent Russian leaders.

Asia

HST 320. CHINA, JAPAN & THE PACIFIC CENTURY: ERA OF WAR AND REVOLUTION 4 sh
Pearl Harbor and Hiroshima are infamous names in world history. In many ways they represent the end result of a century of conflict and revolution in Asia that centered around Western efforts to force themselves into the mainstream of Chinese and Japanese societies. This course will explore these conflicts and their impact not only on these two important Asian nations, but on all of the countries that ring the Pacific Rim such as Russia, the United States, Canada and Australia.

British Isles

HST 323. THE MAKING OF THE ENGLISH NATION TO c. 1660 4 sh
A study of English customs, church, common law system, monarchy, national identity and the migration of these features to America. The course spans the development of an English people (Celtic, Roman, Anglo-Saxon, Viking and Norman French) and the ruptures which produced civil war and an English Republic: episodes formative of American political values.

HST 324. ENGLAND WITHIN THE BRITISH EMPIRE: 17TH CENTURY TO THE PRESENT 4 sh
This course examines the social, religious and constitutional conflicts of the 1640s and the 1680s and their impact on colonial America. This study also traces later changes in the English society, economy and form of government, the United Kingdom’s changing role in Europe and the world, and changes in social roles and attitudes, particularly regarding class, gender and race.

HST 326. HISTORY OF IRELAND 2 sh
This study includes Ireland’s political and cultural history as well as its influence on the U.S. through emigration. Celtic cultural continuity and adaptation from the early Middle Ages to the present are explored through traditional folkways, music, tales, art and literature in historical contexts.

HST 327. HISTORY OF SCOTLAND 2 sh
Focus is on Scotland’s evolution as a nation sharing an island with Wales and England. We explore the role of Celtic and Viking cultural continuity in shaping a Scot consciousness centered on a Highlands ideal and perpetuated by emigration. Students use oral history, folkways and musical and balladry traditions in historical contexts.

Europe

HST 332. DAILY LIFE IN EARLY MODERN EUROPE, 1350-1750 4 sh
This course explores the period between the French Revolution and World War I as modern Europe emerged from the old regime. Focus centers on the development of mass politics, the widespread impact of the Industrial Revolution, changes in women’s public and private roles, cultural developments from neoclassicism to modernism and the evolution of modern consciousness.

HST 336. EUROPE, 1789-1914 4 sh
This course explores the history of Europe from the outbreak of World War I through the end of World War II. It begins with an examination of the Second Reich (1871-1918) but concentrates on the two world wars and Germany’s experiments with democracy during the Weimar Republic and dictatorship during the Nazi era.

HST 339. A HISTORY OF THE HOLOCAUST 4 sh
This course explores the roots of this event, beginning with historical anti-Semitism and the impact of this tradition on Adolph Hitler and the Nazis. Topics also include Hitler’s racial policies between 1933-1938, their spread throughout Nazi Europe between 1939-1941, the evolution of the Final Solution from 1941-45 and post-World War II Holocaust developments and questions.
**Western Hemisphere**

**HST 341. MODERN CENTRAL AMERICAN HISTORY** 4 sh

This course will introduce the dominant themes of Central American social and political history from independence in the early 19th century through the present day. We will focus on the process of independence, liberalism and the coffee boom, dictatorships and revolutions, counter-revolutions, civil war and United States intervention in the region. We will examine the reasons why the region has been plagued by dictatorships and rebellions throughout the modern era, and why Costa Rica has, in general, been an exception to this trend. The course will additionally address the ways in which ethnicity, class and gender figured into the social movements of resistance and rebellion in modern Central America. The course will emphasize the critical evaluation of primary and secondary source materials reflecting different perspectives on these issues in the region's history. The goal of the course is to enable students to gain an understanding of problems confronting present day Central America by placing them in a historical perspective. Offered spring.

**HST 350. HISTORY OF BRAZIL** 2 sh

This course is intended to be an introduction to the history and culture of Brazil, examining the changes and continuities in Brazilian history from the colonial period through the twentieth century. The course explores the influence of colonial and 19th century heritages and of 20th century national and international relations on the formation of modern Brazilian politics, economics and society. A major focus of the course is the interrelationship of the cultures that comprise Brazil – indigenous, Portuguese and African – and how these relationships have changed over time, as well as the significant role played by race, class, gender and ethnicity in the shaping of modern Brazilian culture and society. Offered spring.

**HST 351. HISTORY OF MEXICO** 2 sh

An introduction to the history of Mexico and to its contemporary cultural and political life. The role of native peoples is emphasized in the early colonial period and in recent developments. The course also explores Mexico's relationship with the U.S.

**HST 352. HISTORY OF CANADA** 2 sh

An introduction to the history of Canada and to its contemporary cultural and political life. Focus is on the development of a Canadian national identity and on present day expressions of that identity within Canada's multicultural context. Offered winter or summer.

**HST 353. COLONIAL LATIN AMERICA** 4 sh

This course will survey the history of Latin America from pre-Columbian times through the wars for independence at the beginning of the 19th century. The course seeks to explain the development of a multicultural, multiethnic and multilingual society in Latin America by studying the cultures of pre-Columbian and Iberian societies, the complexities of the interaction between these different cultures as they “met in the Americas” and the historical processes through which new cultures evolved. Some of the major topics that will be discussed include: Amerindian culture, the encounter between Europeans and Amerindians (otherwise known as the Conquest), the rise and fall of colonial empires and colonial society, and the civil wars of independence. Offered fall.

**HST 354. MODERN LATIN AMERICA** 4 sh

This course will survey the history of Latin America from the early 19th century to the present. The goal of the course is to enable students to gain an understanding of the issues in contemporary Latin America by placing them in a historical perspective. The course is structured thematically focusing on subjects including the social implications of various models of economic development, the opportunities and problems which result from economic ties to wealthy countries, changing ethnic, gender and class relations in Latin America and the diverse efforts of Latin American people to construct stable and equitable political, economic and social systems. In examining these topics, examples will be drawn from the histories of various Latin American countries. Offered fall.

**HST 355. CREATING HISTORY: RECORDING THE REMEMBERED PAST** 4 sh

Students learn and practice the techniques of interviewing living historical actors who were involved in a particular period or issue in history, moving from preparatory research through transcribing the results. They also study oral history's strengths, weaknesses, and ethics and uses. The specific research topics will vary.

**HST 356. EARLY NATIONAL PERIOD, (1787-1840): FORCES THAT SHAPED THE NATION** 4 sh

A study of the thought that produced the American Constitution and the implementation of that national government during the administration of its first seven presidents. Topics examine political, social and economic forces that affected national decisions and development.

**HST 357. AMERICA'S CIVIL WAR: NATIONAL CATAclySM** 4 sh

Beginning with the era of Andrew Jackson, this course focuses on the geographic, economic, social and political dynamics that tore the nation apart. Students analyze the causes of the Civil War and examine its military, social and political facets. A concluding study of the Reconstruction of the nation explores the resolution (or not) of the issues that generated the conflict.

**HST 358. THE U.S., 1877-1940: THE CONSEQUENCES OF MODERNIZATION** 4 sh

Focusing on the transformation to industrial capitalism, this course explores the major developments in American history from the end of Reconstruction to the beginning of World War II. Students examine the Gilded Age, progressivism, World War I, prosperity and nativism in the 1920s, the Great Depression and the New Deal, and the coming of war in Europe and Asia.

**HST 359. THE UNITED STATES SINCE 1940: RECENT AMERICAN HISTORY** 4 sh

This course of recent American history is organized around four major themes: America in World War II, America's obsession with stopping the spread of Communism, the tumultuous social movements of the 1960s and the disillusionment caused by Vietnam and Watergate. Class discussions center on how these events continue to affect American institutions.

**HST 361. NORTH CAROLINA IN THE NATION** 4 sh

This course traces N.C. history from the first European contact to the present in the wider context of U.S. history. Topics include: N.C. as a microcosm of the region and nation; Reconstruction and the New Deal; and N.C. political, economic, social and geographical features as related to national trends. Discussion also covers how family and community history are preserved and how the study of local history can enhance public understanding of national events.

**HST 362. THE SOUTH IN AMERICAN HISTORY: REGIONAL SUBCULTURAL PERSISTENCE** 4 sh

This course examines the South (especially post-Civil War) as a distinctive region of the U.S., including reasons for such distinctiveness and its impact on the nation's history.

**HST 363. AFRICAN-AMERICAN HISTORY, 1850-PRESENT** 4 sh

Beginning with the slave system in the mid-19th century, this course examines recurring issues and problems in African-American history through the post-Civil Rights era. Study focuses on three themes: the similarity and differences of African-American experiences; the extent to which they were oppressed yet also had choices; and their strategies to cope with their social and political situations.
HST 369. AMERICAN INDIAN HISTORY 4 sh
Stressing the active role that Indian people have taken in the creation of their own history, this course focuses on complicated cultural and historic realities. Topics include pre-Columbian Indian societies, cultural adaptation, removal, the Reservation Age, resistance movements, the Indian New Deal, postwar activism and cultural revitalization.

HST 460-469. SEMINAR: SPECIAL TOPICS 4 sh
A capstone experience for majors, this course offers students practical experience in researching, writing and presenting a senior thesis. Past topics have included the Holocaust, American Indian Religion, Nazi Germany, Human Rights in Latin America, Gender and Sexuality in American History and Twentieth Century Europe. Prerequisite: HST 301 or permission of the instructor. Offered fall and spring.

HST 481. INTERNSHIP IN HISTORY 2-4 sh
Designed to provide students with practical experience in history-related professions, activities included in the internship enable students to explore careers in archives, record management, historic sites, museum administration, etc. Prerequisite: 18 semester hours of history.

HST 491. INDEPENDENT STUDY 2-4 sh
Open to junior/senior majors/minors or others with permission of instructor.

HST 499. RESEARCH IN HISTORY 1-4 sh
Open to junior/senior majors/minors or others with permission. In conjunction with a faculty mentor, the student will formulate and execute an original research project that will culminate in a formal presentation. A research proposal form completed by the student and faculty mentor is required for registration.

HUMAN SERVICES

HUS 111 Introduction to Human Services/ELR 4 sh
HUS 213 Counseling Individuals & Families 4 sh
HUS 285 Research Methods 4 sh
HUS 381 Practicum in Human Services 4 sh
HUS 412 Professional Communication 4 sh
HUS 461 Senior Seminar 4 sh
HUS 481 Internship in Human Services 8 sh

A major in Human Services requires the following courses:

A minimum grade point average of 2.1 is required to be eligible for Practicum.

TOTAL 56 sh

Prior to taking HUS 381 students must be approved by the Human Services department. A minimum grade point average of 2.1 is required to be eligible for Practicum.

The Human Services major prepares students to work as practitioners in a variety of professional service settings such as social services, mental health, family services, corrections, gerontology, child care, youth programs, group homes and many others. The Human Services curriculum guides the student through gaining the knowledge, skills and experience necessary to work effectively with a variety of populations.

Students engage in extensive fieldwork in Human Service agencies as part of their studies. Through the classroom and field components of the major, students examine critically a range of human and societal problems and the programs and services designed to address them, acquiring an understanding of the societal, cultural and personal variables which contribute to the development of human problems and to their solution.

The Human Services major draws upon knowledge in the social sciences, especially psychology and sociology, and emphasizes the application of this knowledge to the improvement of human life and society. In order to apply this knowledge effectively, students develop a variety of skills including those involved in oral and written communication, problem solving, developing professional helping relationships, organization and administration.

A major in Human Services requires the following courses:

HUS 111 Introduction to Human Services/ELR 4 sh
HUS 213 Counseling Individuals & Families 4 sh
HUS 285 Research Methods 4 sh
HUS 381 Practicum in Human Services 4 sh
HUS 412 Professional Communication 4 sh
HUS 461 Senior Seminar 4 sh
HUS 481 Internship in Human Services 8 sh

Eight semester hours selected from four hour Human Services courses 8 sh

TOTAL 56 sh

Prior to taking HUS 381 students must be approved by the Human Services department. A minimum grade point average of 2.1 is required to be eligible for Practicum.

Most of the other major requirements must be completed prior to taking HUS 481. Students who enroll in HUS 481 may not take any courses other than the prescribed block courses. A minimum grade point average of 2.2 is required to be eligible for Internship.

Applications for both Practicum and Internship must be completed by May 1 in order to enroll in these courses the following year. Applications are available in the office of the department chair.
A minor in Human Services requires the following courses:

- HUS 111 Introduction to Human Services/ELR 4 sh
- HUS 381 Practicum in Human Services 4 sh
- One course from the following: 4 sh
  - PSY 111 General Psychology
  - SOC 111 Introductory Sociology
- One course from the following: 4 sh
  - HUS 212 Counseling Individuals & Families
  - HUS 213 Counseling Groups & Communities
- Four semester hours Human Services course 4 sh

TOTAL 20 sh

HUS 101. LEADERSHIP 2 sh

This course combines study and practical experience to increase knowledge and skills in leadership development and is appropriate for both emerging and established leaders. No credit toward Human Services major.

HUS 102. PEER COUNSELING 2 sh

In this study/practical experience course students develop skills in interpersonal relations, gain an understanding of personal and community problems and learn to view the residence hall as a community. Required of all Resident Assistants. No credit toward Human Services major.

HUS 111. INTRODUCTION TO HUMAN SERVICES/ELR 4 sh

This course explores the history and values of the Human Services profession, examines theoretical approaches to Human Services work, provides an overview of the Human Services system in the United States and acquaints students with the roles and responsibilities of Human Services professionals. A minimum of 40 hours of field work in an approved Human Services setting is required. Meets ELR. Offered fall and spring.

HUS 212. COUNSELING INDIVIDUALS AND FAMILIES 4 sh

This course examines various theories and methods used in helping families and individuals resolve problems. Students gain skills in applying these theories and methods through use of case studies, role playing, simulations and other experimental methods. Prerequisite: HUS 111 or PSY 111.

HUS 213. COUNSELING GROUPS AND COMMUNITIES 4 sh

Students will examine the role and history of working with groups and communities in the Human Services system. Theories and methods used in working with groups and communities will also be studied. Topics addressed in the course include group dynamics and group development as well as leadership models and approaches. Students will gain skills in working with groups and communities through the use of case studies, simulations, role playing and other experiential methods. Prerequisite: HUS 111 or SOC 111.

HUS 285. RESEARCH METHODS IN HUMAN SERVICES 4 sh

This course examines the methods used to conduct basic social science research. Emphasis is placed on the use of research in practice-related settings. The course acquaints students with a basic theoretical understanding of research, practical aspects of research and ethical and diversity considerations inherent in the proper implementation of research. Offered spring.

HUS 311. POVERTY AND SOCIAL WELFARE POLICY 4 sh

Poverty is a core issue which underlies many social and human problems in the United States. This course will examine the social welfare system in the United States and the history and process of policy-making around this issue. Alternative approaches to understanding and resolving the problem of poverty will also be explored. Emphasis will be placed on the role of the Human Services worker in policy-making processes.

HUS 312. HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT 4 sh

This course explores theoretical and empirical knowledge of human behavior and the social environment as a foundation for Human Services delivery to individuals, families, groups and communities. Emphasis is placed on life transitions and on the diverse social conditions and contexts that may support or inhibit human development and functioning. Factors such as race and ethnicity, gender, sexual orientation, disability, socioeconomic status and rural/urban differences are explored as they impact human behavior and human development. The course focuses on the application of this knowledge through the use of case studies and other methods.

HUS 321. GROUP DYNAMICS AND LEADERSHIP 4 sh

Students explore group dynamics, group structure, leadership and the group worker role and are encouraged to examine and refine their own group communication and leadership skills. Prerequisite: HUS 213.

HUS 324. PERSPECTIVES AND ISSUES IN AGING 4 sh

This introduction to gerontology explores the biological, sociological and psychological aspects of aging and presents cultural, economic and political issues related to aging such as ageism, retirement, living environments, the social security and health care issues.

HUS 326. SPECIAL POPULATIONS IN HUMAN SERVICES 4 sh

This course explores specific populations of Human Services clients such as persons with disabilities, children at risk, persons with HIV/AIDS, persons with terminal illnesses, etc. Needs of the particular populations under study are explored as well as programs, services and innovations in service provision. Specific populations studied vary based on current trends and issues in the field.

HUS 331. PRINCIPLES OF COUNSELING 4 sh

This course focuses on the theories and methods used in counseling individuals. The course is designed for persons who will work in the helping professions and includes role playing, videotaping and working with case material. Prerequisite: HUS 212.

HUS 341. FAMILY COUNSELING 4 sh

This course focuses on family assessment and intervention using systems theory as the primary conceptual model and emphasizes the use of family counseling concepts to understand family dynamics and relationships. Students make extensive use of case material and role play to apply theory to practice. Prerequisite: HUS 212.

HUS 349. VIOLENCE IN FAMILIES 4 sh

This course explores various forms of violence in families including violence between spouses/partners, violence directed toward the elderly, violence between siblings and violence of parents toward children. Factors contributing to violence in families are discussed as well as methods of preventing and/or ameliorating patterns of violence within families. Students in this course develop an understanding of the reciprocal relationship between families and society by exploring how violence in families contributes toward societal violence as well as how family patterns are influenced by the values and attitudes of the larger society.

HUS 359. CRIMINAL JUSTICE 4 sh

The field of Criminal Justice is examined in terms of three interdependent subsystems: law enforcement, corrections and the courts. Both theoretical models and practical applications will be used to encourage a broad understanding of the criminal justice system as a whole.
HUS 361. SUBSTANCE ABUSE: ISSUES IN TREATMENT
Students become familiar with the contemporary theories and knowledge base concerning substance abuse. The course examines therapeutic issues involved in the treatment of substance-abusing persons and their families and reviews various types of treatment interventions. The course addresses innovative treatment modalities as well as the lack of sufficient and appropriate rehabilitative services to meet the needs of various special populations.

HUS 369. JUVENILE JUSTICE
This course examines the juvenile justice system, including a number of agencies which have jurisdiction over a juvenile from birth to the age of majority. System components included in this course are the social services, law enforcement, juvenile court and corrections. Ancillary and supportive services such as mental health, school systems, child advocacy groups and guardian ad litem programs are also explored.

HUS 371-3. TOPICS IN HUMAN SERVICES
Students examine special topics in Human Services, such as developmental disabilities, mental health issues and services, family violence, etc.

HUS 381. PRACTICUM IN HUMAN SERVICES
Students participate in full-time, field-based experience in a Human Services agency for eight weeks, observing and practicing the roles, tasks and skills of Human Services professionals in the assigned setting and becoming familiar with administrative processes in the organization (full-time for at least three weeks). Conferences with the supervising faculty member and the agency supervisor, assigned readings and various writing assignments provide further learning opportunities. Prerequisites: HUS 111, 2.1 GPA, status as a declared Human Services major or minor, and approval of application for practicum. Offered winter.

HUS 411. ADMINISTRATION OF HUMAN SERVICES AGENCIES
This overview of principles and techniques of leadership and management in Human Services agencies exposes students to planning, organizing, staffing and financing a project or an agency and working with a Board of Directors and the community. Senior Block Course. Prerequisites: HUS 111, 381. Offered fall and spring.

HUS 412. PROFESSIONAL COMMUNICATION
This course provides an in-depth study of interpersonal communication skills and writing skills essential to the Human Services worker, emphasizing the further development of written and oral communication skills. Special emphasis in this course is placed on cross-cultural communications within helping relationships. Senior Block Course. Prerequisites: HUS 111, 381. Offered fall and spring.

HUS 461. SENIOR SEMINAR
In this capstone course, students analyze their personal and professional development during their university experience and are required to research, write and present a scholarly paper. Prerequisites: senior majors, HUS 285. Offered fall and spring.

HUS 481. INTERNSHIP IN HUMAN SERVICES
Students participate in full-time, field-based experience in a Human Services agency for eight weeks, observing and practicing the roles, tasks and skills of Human Services professionals under the supervision of a faculty member and an agency supervisor. Conferences with both supervisors and assigned papers and readings enhance learning as the student connects theory and practice through work in the field. Prerequisites: 2.2 GPA, senior majors, HUS 381, 411 and 412. Offered fall and spring.

HUS 499. INDEPENDENT RESEARCH IN HUMAN SERVICES
Students engage in independent research projects related to the field of Human Services. Research is conducted under the supervision of Human Services faculty. Prerequisites: junior or senior status and departmental approval, HUS 285.

Independent Major
Coordinator: Associate Professor Braye, Director of General Studies
Students with intellectual and professional interests which cannot be met by other major and minor programs may create an independent major. Independent majors are interdisciplinary in nature and are suitable for highly motivated students willing to assume exceptional responsibility for their own education. Students must have a GPA of at least 3.0 and no more than 66 completed semester hours when applying. Advice from the Director of General Studies may be helpful in designing an independent major. Details concerning final approval for an independent major may be obtained in the office of the Director of General Studies.

An Independent Major requires the following:
1. An Application for Independent Major, available from the Director of General Studies, must be completed before the student has earned 66 semester hours. This application also outlines the procedure to be followed for designing and declaring the Independent Major.
2. An interdisciplinary committee of three professors, including one designated as the principal advisor, must be assembled.
3. A curriculum must be designed with help from the committee. That curriculum must include the completion of the General Studies requirements.

An Independent Major includes:
- a minimum of 48 semester hours
- a minimum of 28 semester hours at the 300-400 level
- a capstone seminar
- a capstone interdisciplinary project
- a plan for assessing the completed major

The independent major courses must come from at least three departments, and no more than half may be from any one department. Upper-level courses taken to satisfy the requirements of an independent major will also satisfy the eight-hour advanced studies requirement when the independent major includes at least 12 hours of upper-level courses in three departments and at least two of the four areas listed under Studies in Arts and Sciences. Students completing an independent major which designates an advanced GST Seminar as the capstone seminar must take another GST Seminar to fulfill the General Studies requirements.

No more than four semester hours of independent study may be included. This will usually be used for completion of the capstone interdisciplinary project.
**International Studies**

Coordinator: Professor Digre  
Program Faculty: Professors: C. Brumbaugh, W. Rich  
Associate Professors: Chakrabarti, Romer, Roselle  
Assistant Professors: J. Das, Smith-Nonini

The International Studies major provides students with an interdisciplinary program through which they can gain a broad knowledge of international affairs as well as expertise on one of the world's regions. Study abroad experiences and foreign language study form integral parts of the program. Students, with the support of their advisors, have considerable freedom in designing their own program of study.

The major may form an attractive double major for students from a variety of disciplines, such as political science, history and foreign languages. It also might be profitably combined with a business minor. It should provide an educational background for those seeking international affairs careers in government, nongovernmental organizations (development/humanitarian), travel and business.

Students are required to include a study abroad experience in their programs. Students should choose an area relevant to their regional concentrations (see below). International (foreign) students at Elon satisfy this requirement due to the inherent cross-cultural character of their college education. Under specified provisions of the program, up to 16 credit hours of foreign study can be counted toward the major.

A major in International Studies requires 44 semester hours. These requirements are specified as follows:

**Foundation Courses**  
8 sh

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>POL/INT 141</td>
<td>International Relations</td>
</tr>
<tr>
<td>HST/INT 221</td>
<td>World in the Twentieth Century</td>
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</tbody>
</table>

**Foreign Language Study**  
8 sh

Students will take at least eight hours of study at any level in one modern foreign language. Students must also demonstrate foreign language proficiency by successful completion of a foreign language course at the 221 level (or its equivalent). Students should choose a language relevant to their regional concentrations.

**Global Studies**  
12 sh

Students must take courses from at least two of the following five areas. Appropriate special topics courses, as approved by the program coordinator, may be included in the global studies category.

**Politics and Economics**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>BUS 416</td>
<td>Global Marketing</td>
</tr>
<tr>
<td>BUS 430</td>
<td>International Business Management</td>
</tr>
<tr>
<td>ECO 201</td>
<td>Principles of Economics/INT (taught from an international perspective)</td>
</tr>
<tr>
<td>ECO 314</td>
<td>International Trade and Finance</td>
</tr>
<tr>
<td>POL 114</td>
<td>Model United Nations</td>
</tr>
<tr>
<td>POL 261</td>
<td>Comparative Politics</td>
</tr>
<tr>
<td>POL 342</td>
<td>U.S. Foreign Policy</td>
</tr>
<tr>
<td>POL 343</td>
<td>International Law and Organizations</td>
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<tbody>
<tr>
<td>POL 344</td>
<td>International Environmental Policy</td>
</tr>
<tr>
<td>POL 345</td>
<td>International Terrorism</td>
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<tr>
<td>POL 359</td>
<td>Political Communication</td>
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**History and Geography**

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<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>GEO 131</td>
<td>The World's Regions</td>
</tr>
<tr>
<td>HST 112</td>
<td>Europe and the Mediterranean World Since 1660</td>
</tr>
<tr>
<td>GEO 310</td>
<td>Development and the Environment in Latin America, Africa and South Asia</td>
</tr>
</tbody>
</table>

**Literature and Foreign Language**

<table>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>ENG 231</td>
<td>World Literature</td>
</tr>
<tr>
<td>ENG 331</td>
<td>Advanced World Literature</td>
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</tbody>
</table>

Foreign languages 221, 321, 322 relevant to student's regional concentration

**Society and Culture**

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<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>PSY 366</td>
<td>Psychology in Cultural Context</td>
</tr>
<tr>
<td>REL 121</td>
<td>World Religions</td>
</tr>
<tr>
<td>SOC 112</td>
<td>Introduction to Cultural Anthropology</td>
</tr>
<tr>
<td>SOC 121</td>
<td>Cross Cultural Encounters</td>
</tr>
<tr>
<td>SOC 322</td>
<td>Ethnography</td>
</tr>
<tr>
<td>SOC 328</td>
<td>Culture and the Modern World</td>
</tr>
</tbody>
</table>

**Study Abroad**

Students who have study abroad course credit that cannot be counted under Foreign Language Study or regional concentration may count four semester hours under this category.

**Regional Concentration**  
12 sh

At least three courses taken on one geographic region. Courses should be chosen from at least two disciplines. Study abroad and special topics courses, as approved by the program coordinator, may be included under the regional concentration.

Approved courses for regional concentrations in Africa, the Asian/Pacific area, Europe and Latin America are listed below. In addition, special area concentrations designed by student and advisor may be approved by the program coordinator.

**Africa**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>ART 341</td>
<td>African Art</td>
</tr>
<tr>
<td>ENG 338</td>
<td>The African Experience in Literature</td>
</tr>
<tr>
<td>FRE 362</td>
<td>Francophone Cultures Outside France</td>
</tr>
<tr>
<td>GEO 320</td>
<td>Geography of Africa</td>
</tr>
<tr>
<td>HST 313</td>
<td>Modern Africa</td>
</tr>
<tr>
<td>HST 314</td>
<td>A History of Southern Africa</td>
</tr>
<tr>
<td>JCM 346</td>
<td>African Film</td>
</tr>
<tr>
<td>POL 367</td>
<td>Politics of Africa</td>
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</tbody>
</table>

**Asian/Pacific**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>ENG 337</td>
<td>Asian Literature of Social Change</td>
</tr>
<tr>
<td>ENS 310</td>
<td>Environmental Issues of Southeast Asia</td>
</tr>
<tr>
<td>HST 320</td>
<td>China, Japan and the Pacific Century</td>
</tr>
<tr>
<td>PHL 352</td>
<td>Eastern Philosophy</td>
</tr>
<tr>
<td>POL 363</td>
<td>Politics of Asia</td>
</tr>
</tbody>
</table>
A minor in International Studies requires the following:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>POL/INT 141</td>
<td>International Relations</td>
<td>4 sh</td>
</tr>
<tr>
<td>HST/INT 221</td>
<td>The World in the Twentieth Century</td>
<td>4 sh</td>
</tr>
</tbody>
</table>

Twelve semester hours based on the program of study for the international studies major

12 sh

Choose one of the following options:

a. A Regional Concentration
b. The Global Studies Field
c. Foreign language study (8 semester hours) plus one elective selected from courses approved for the major

TOTAL 20 sh

Students are strongly encouraged to include a study abroad experience.

INT 221. THE WORLD IN THE TWENTIETH CENTURY 4 sh
   (Cross-listed with HST 221. See HST 221 for description.)

INT 141. INTERNATIONAL RELATIONS 4 sh
   (Cross-listed with POL 141. See POL 141 for description.)

INT 481. INTERNSHIP IN INTERNATIONAL STUDIES 2-4 sh
   Designed to provide students with opportunities to work in professional positions related to international affairs. Internships are intended to provide practical experience for future careers in government, nongovernmental organizations (development/humanitarian) and business. They may be arranged both in the United States and overseas. Prerequisite: permission of program coordinator.

INT 491. INDEPENDENT STUDY 2-4 sh
   Open to junior or senior majors with permission of instructor.

INT 499. RESEARCH 1-4 sh
   Designed to allow students the opportunity to engage in an empirical or theoretical study in collaboration with a faculty member. Research projects may include reviewing relevant literature, developing a research design, data collection, analysis and presentation of findings. This may also include a presentation to the International Studies faculty and/or a SURF presentation. Prerequisite: permission of program coordinator.

Journalism and Communications

Dean, School of Communications: Professor Parsons
Associate Dean, School of Communications: Associate Professor Hamm
Chair, Department of Communications: Associate Professor Grady
Associate Professors: Book, Copeland, Costello, Guiniven, Hatcher, B. Lee, Padgett, Ward-Johnson
Assistant Professors: J. Anderson, Barnett, Book, Burns, Duvall, Eke, Frontani, Fulkerson, Gibson, Gisclair, W. Johnson, Makemson, Min, T. Nelson, Skube
Instructors: Lashley, Loomis, Saltz, Sen
Adjuncts: Childers, Fox, Hatch