Minimum of 132 s.h. required for graduation (36 s.h. must be 300/400-level courses)  
(Additional hours to total 132 s.h. – includes second major, minor, and elective hours.)

Name_________________________________________ I.D. #_____________________

### Elon Core Curriculum (56-60 sh)

**FIRST-YEAR FOUNDATIONS:**
- COR 110 – Global Experience (4 s.h.)
- ENG 110 – Writing: Argument & Inquiry (4 s.h.)
  (C- or better required for graduation)
- MTH 110 or 151 or 220 (4 s.h.)

**Experiential Learning Requirement (ELR – 2 units required):**
Included in experiential learning are study abroad, research, service-learning, leadership, internships, (including co-ops, teaching, and practicum), or other courses or experiences with ELR designation

**World Language Requirement:**
Students must meet one of the following: (a) complete a language course numbered 122 or higher at Elon, or receive transfer or study abroad credit for the same; (b) place into a language course numbered 200 or above upon arriving at Elon, using a department of world languages approved placement instrument; (c) score a 4 or 5 on an AP language exam or similar exam. Each student must take the language placement test by October 1 of his or her first full year at Elon. Students are allowed two tries; the higher score is counted. That score stands and may not be repeated by later testing. Consideration for Phi Beta Kappa membership requires completion of one intermediate world language course, placement beyond that level or equivalent proficiency.

### STUDIES IN THE ARTS AND SCIENCES:

*Transfer students with at least 18 s.h. of transfer credit must complete 32 hours total in Studies in the Arts & Sciences, but may have as few as 7 hours in one or more of the four Studies in the Arts & Sciences areas.*

**Expression**
- DAN 102 (8 s.h.)
  [Eight hours chosen from at least two of the following: literature (in English or world languages), philosophy, & fine arts (art, dance, fine arts, music, music theatre, & theatre). At least one course must be literature.]

**Civilization**
- (8 s.h.)
  [Eight hours chosen from at least two of the following: history, world languages, art history and religious studies.]

**Society**
- (8 s.h.)
  [Eight hours chosen from at least two of the following: economics, geography, human service studies, political science, psychology, & sociology/anthropology, and public health studies 201 or 202.]

**Science/Analysis**
- BIO 263 (Lab: ___) *BIO 264 (8 s.h.)
  [Eight hours chosen from one or more of the following: mathematics/statistics, science, computer science and information science. At least one course must be a physical or biological laboratory science.]

### ADVANCED STUDIES
(Must be outside major.)
- (8 s.h.)
  [Eight hours of 300-400 level coursework outside the major field and chosen from areas under Studies in the Arts and Sciences.]

**COR Interdisciplinary Capstone Seminar**
- (4 s.h.)
  [300-400 level COR course; requires junior/senior status.]

### Major Requirements

A minimum of 58 s.h. in the following courses is required.

#### Foundations (28 sh)
- *BIO 263 (4) – Human Anatomy
- *BIO 264 (4) – Human Physiology
- DAN 102 (4) – Somatic Theories I
- DAN 108 A/B (2 sh each) – World Dance I
- DAN 202 (4) – Somatic Theories II
- ESS 295 (4) – Research Methods

Select 4 s.h. from at least three of the following DAN areas:
- DAN 104 – Modern I-VI (1 sh each)
- DAN 106 – Ballet I-VI (1 sh each)
- DAN 107 – Jazz I – IV (1 sh each)
- DAN 105 – Tap I – IV (1 sh each)

#### Applications (28 sh)
- DAN 302 (4) – Dance History II
- ESS 321 (4) – Biomechanics
- ESS 324 (4) – Physiology of Exercise
- ESS 342 (4) – Sports Psychology
- ESS 495 (4) – Senior Seminar

Choose 8 sh from the following
- DAN 315 (2) – Advanced Yoga, Philosophy and Theory
- DAN 323 (4) – Dance Pedagogy
- ESS 270 (2) – Therapeutic Approaches to Exercise
- ESS 323 (4) – Bioenergetics of Physical Activity
- PEH 324 (4) – Nutrition

Other courses approved by the coordinator
- (8 s.h.)

### Major Total (s.h.)

*Required in major; may count in Elon Core Curriculum.