2016-17 CHECKLIST FOR GRADUATION REQUIREMENTS IN PHYSICAL EDUCATION and HEALTH (NON-TEACHER LICENSURE) – BACHELOR OF SCIENCE Minimum of 132 s.h. required for graduation  (36 s.h. must be 300/400-level courses)  
(Additional hours to total 132 s.h. – includes second major, minor, and elective hours.)

Name_________________________________________ I.D. # ___________________

Elon Core Curriculum (56-60 sh)

FIRST-YEAR FOUNDATIONS:

COR 110 – Global Experience (4 s.h.) _______

ENG 110 – Writing: Argument & Inquiry (C- or better required for graduation) (4 s.h. _______

MTH 110 or 151 or 220 (4 s.h.) _______

Experiential Learning Requirement (ELR – 2 units required):

Included in experiential learning are study abroad, research, service-learning, leadership, internships, (including co-ops, teaching, and practicum), or other courses or experiences with ELR designation

World Language Requirement:

Students must meet one of the following: (a) complete a language course numbered 122 or higher at Elon, or receive transfer or study abroad credit for the same; (b) place into a language course numbered 200 or above upon arriving at Elon, using a department of world languages approved placement instrument; (c) score a 4 or 5 on an AP language exam or similar exam. Each student must take the language placement test by October 1 of his or her first full year at Elon. Students are allowed two tries; the higher score is counted. That score stands and may not be repeated by later testing. Consideration for Phi Beta Kappa membership requires completion of one intermediate world language course, placement beyond that level or equivalent proficiency.

STUDIES IN THE ARTS AND SCIENCES:

Transfer students with at least 18 s.h. of transfer credit must complete 32 hours total in Studies in the Arts & Sciences, but may have as few as 7 hours in one or more of the four Studies in the Arts & Sciences areas.

Expression * ____________ ____________ (8 s.h. _______

[Eight hours chosen from at least two of the following: literature (in English or world languages), philosophy, & fine arts (art, dance, fine arts, music, music theatre, & theatre). At least one course must be literature.]

Civilization ____________ ____________ (8 s.h. _______

[Eight hours chosen from at least two of the following: history, world languages, art history and religious studies.]

Society * IDS 285 ____________ ____________ (8 s.h. _______

[Eight hours chosen from at least two of the following: economics, geography, human service studies, political science, psychology, & sociology/anthropology, and public health studies 201 or 202.]

Science/Analysis * ___________ (Lab: ____) ____________ (8 s.h. _______

[Eight hours chosen from one or more of the following: mathematics/statistics, science, computer science and information science. At least one course must be a physical or biological laboratory science.]

ADVANCED STUDIES, (Must be outside major.)

__________________________ ____________ (8 s.h. _______

[Eight hours of 300-400 level coursework outside the major field and chosen from areas under Studies in the Arts and Sciences.]

COR Interdisciplinary Capstone Seminar ____ (4 s.h. _______

[300-400 level COR course; requires junior/senior status.]

*Required in major; may count in Elon Core Curriculum.

Major Requirements

A minimum of 45 s.h. in the following courses is required.

Core Courses:

_____ *IDS 285 (4) – Perspectives in Personal and Global Health
_____ EDU 315 (4) – Educational Assessment or another research methods/assessment course
_____ PED 109 (1) – Aerobic Conditioning & Weight Training
_____ PEH 211 (2) – Foundations of Physical Education & Health
_____ PEH 310 (4) – Motor Learning Theory for Teaching/Coaching
_____ PEH 324 (4) – Nutrition

Select one of the following: 2 s.h.

_____ PEH 125 (2) – Skills/Activities for Teaching Lifetime Sports
_____ PED 126 (2) – Skills/Activities for Teaching Team Sports _______

Select one combination of the following

Option 1 * BIO 263 (4) – Human Anatomy
_____ ESS 321 (4) – Biomechanics
_____ BIO 263 + ESS 321

Option 2 * BIO 264 (4) – Human Physiology
_____ ESS 324 (4) – Physiology of Exercise
_____ BIO 264 + ESS 321

Capstone Requirement:

_____ PEH 482 (4) – Internship in Physical Education and Health

Electives: 12 s.h.

_____ COR 326 (4) – Human Sexuality
_____ *DAN 115 (2) – Folk, Square and Social Dance Pedagogy
_____ HED 111 (2) – Contemporary Wellness Issues
_____ HED 112 (2) – Contemporary Issues in Wellness: Health Related Fitness
_____ HED 113 (2) – Contemporary Issues in Wellness: Health and the Human Spirit
_____ HED 114 (2) – Contemporary Issues in Wellness: Personal Health Assessment
_____ HED 115 (2) – Contemporary Issues in Wellness: Stress and Well-Being
_____ HED 116 (2) – Contemporary Issues in Wellness: Fundamentals of Wellness Coaching
_____ HED 230 (4) – Perspectives in Health Promotion: Foundations to Function
_____ HED 235 (4) – Inactivity: The Threat of a Modern Lifestyle
_____ PEH 125 (2) – Skills and Activities for Teaching Lifetime Sports
_____ PEH 126 (2) – Skills and Activities for Teaching Team Sports
_____ PEH 212 (2) – Sports Injuries Care and Prevention
_____ PEH 225 (4) – Introduction to Adventure Based Learning
_____ PEH 325 (4) – Substance Abuse and Human Behavior
_____ PEH 345 (4) – Principles of Coaching
_____ PEH 421 (4) – Chronic and Acute Diseases

Students must show proof of valid First Aid/CPR certification at any time prior to graduation.

_____ Major Totals