IV-15 EMPLOYEE ASSISTANCE AND COUNSELING PROGRAM 1 OF 1

Elon provides an employee assistance and counseling program through the Alamance Regional Medical Center. The cost of participation is being paid by the university. Scheduled appointments take place in the Grand Oaks Building on the ARMC campus.

The Employee Assistance and Counseling Program (EACP) provides confidential, professional counseling when you or a member of your household needs help to resolve personal problems that are affecting you, your family, or your work. The Employee Assistance and Counseling program deals with issues such as anxiety, alcohol abuse, aging parents, depression, drug abuse, financial stress, family conflict, legal concerns, marriage conflict, grief and loss, job burnout, and stress. Scheduled appointments take place at ARMC.

In addition to confidential counseling, the Employee Assistance and Counseling Program (EACP) also provides:
- 24-hour crisis response
- Assessment and referral
- Monthly workshops on interpersonal skill development
- A monthly Wellness newsletter
- A monthly supervisor skill development letter
- Teambuilding opportunities at Cedar Rock Park

The EACP provides services 24 hours a day, seven days a week. Appointments can be scheduled at Alamance Regional Medical Center by calling (336) 538-7481. For more information please view the Employee Assistance and Counseling Program link.

08/11