Adderall has become the study drug of choice for late-night essay writing and last-minute studying. Students also use the drug at social events, including parties and sporting events.

Dangers of Mixing Alcohol and Stimulants

Combining stimulants like Adderall with alcohol can have unpredictable and unwanted consequences. This can lead to binge drinking, blackouts, aggressive or dangerous behaviors, and even potentially deadly alcohol poisoning.

Health Risks
- Increased body temperature
- Increased heart rate
- Irregular heart beat
- Elevated blood pressure
- Respiratory depression
- Dehydration

Alcohol Poisoning
Stimulants counter the depressant qualities of alcohol making you feel less intoxicated. When taking these substances together you are likely to drink more which can quickly lead to alcohol poisoning.

Know the symptoms of alcohol poisoning:
- C — cold, clammy, pale or bluish skin
- U — unconscious or unable to be awakened
- P — puking repeatedly or uncontrollably
- S — slow or irregular breathing

Safety Tips
- Avoid mixing stimulant drugs with alcohol, including energy drinks.
- It is illegal to share or sale prescription medication to another person.
- Take medications only as directed by your health care professional.
- If you suspect an overdose or alcohol poisoning, call 911 immediately.

The Department of Health Promotion

1 in 5 college students between the ages of 18 to 25 report abusing prescription stimulants at least once in their lifetime.