

GROUP EXERCISE SCHEDULE

EXAM WEEK SPRING 2019



MAY 16TH

MAY 17TH

MAY 20TH

MAY 21ST

STUDIO 5

8:00 AM

YOGA

9:00AM

BARRE

12:00 PM

PILATES

3:00 PM

BARRE

BOOTY BARRE

4:30 PM

POWER YOGA

YOGA

STUDIO 6

9:00 AM

TOTAL BODY

12:00 PM

PILATES

1:30 PM

PUMP

TOTAL BODY

3:00 PM

PUMP

TOTAL BODY

4:30 PM

TOTAL BODY

6:30 PM

ZUMBA

SHRED

CYCLE

8:00 AM

CYCLE

12:00 PM

CYCLE

1:30 PM

CYCLE

6:30 PM

CYCLE