

Drugs and Herbs that Interact with Oral Contraceptives

Drug	Effect of Birth Control pills on Drug
Acetaminophen (Tylenol)	Decreases effect on pain relief
Alcohol (beer, wine, mixed drinks, etc)	Increases effect of alcohol
Anticoagulants	Decreases anticoagulant effect (aspirin may be less effective when used with oral contraceptives)
Antibiotics (amoxicillin, tetracycline, ampicillin)	May decrease effectiveness of oral contraceptives
Antidepressants (Prozac, Paxil)	Increase blood levels of antidepressant
Antifungal medications (Grisactin)	Can cause breakthrough bleeding and spotting
Barbituates (Seconal, Nembutal)	Decreases effectiveness of oral contraceptives
Vitamin C	May increase estrogen side effects in daily doses of 1,000 mg or more
St. Johns Wort (Hypericum)	Decreases effectiveness of oral contraceptives

Source: Hatcher et al. (2007).; Carroll. (2010).