

What to use with Condoms

Use with All Condoms

- Water-based lubricants (products such as AquaLube, AstroGlide, and K-Y Jelly)
- Glycerine
- Spermicides
- Saliva
- Water
- Silicone Lubricant



Do not use with Latex Condoms

- Spermicides
- Baby oil
- Cold creams
- Edible oils (such as olive, peanut, or canola oil)
- Massage oil
- Petroleum jelly
- Rubbing alcohol
- Suntan oil and lotions
- Vegetable or mineral oil
- Vaginal infection medications in cream or suppository form

Source: Hatcher et al.

(2011)., Carroll. (2010).