

Hosting a Party or Event

Here are some suggestions that will keep you and your guests safe.

◀ Know all of the people attending your party.

Only invite people you know to your party. Problems usually occur when people you don't expect show up. It's a good idea not to let random or highly intoxicated people come in—you are responsible for their actions.

◀ Know the law and University policy.

Familiarize yourself with North Carolina alcohol laws and Elon University policy regarding sanctions for alcohol and drug violations. Help keep yourself and your party goers safe and out of trouble!

◀ Check ID's.

Don't serve alcohol to those under the age of 21. **No ID—No Alcohol.** Providing alcohol to a minor is illegal and you will be held responsible.

◀ Designate two or three people to act as Sober Monitors.

They are your eyes and ears of the party. Their job is to be visible, stay sober, intervene in potentially harmful situations, help guests get home safely (call **Safe Rides**), monitor noise levels, and make sure party goers are comfortable.

◀ Avoid Drinking Games.

Not only are drinking games prohibited, they can be extremely dangerous. Blood Alcohol levels (BAC) spike rapidly and this can lead to alcohol poisoning.

◀ Provide Options.

Provide plenty of high protein and carbohydrate snacks like pizza, chicken wings, cheese, nuts, and sandwiches, as well as sufficient amounts of non-alcoholic beverages such as water, soda, or juice.

◀ Measure Up.

If serving alcohol, provide standard serving size cups, such as **SPARKS** cups so your guests are able to keep track of how much alcohol they are consuming.

◀ Be Respectful.

A loud party impacts those around you. Whether you live on or off campus your actions affect your neighbors—both students and community residents.

◀ Alcohol poisoning is an emergency.

Make sure party goers who have reached a dangerous level of intoxication are not just left to "sleep it off". If you suspect alcohol poisoning call 911 immediately. Signs to watch for include: mental confusion, irregular breathing, pale skin tone, vomiting, becoming unresponsive, or clammy skin.

◀ Make the SAFETY of your guests your top priority.

Having a safe and responsible party is all about planning ahead and being smart. Remember that you are assuming liability and risk as a party host, so Party Smart!

PARTY SMART!



ELON
UNIVERSITY

Campus
Recreation
& Wellness